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Recreation & Parks Office Hours:

Mon - Fri 8:30am - 5:15pm;
Sat 9am - noon

Information: 422-1336

Cancellations: 422-1302

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*Recreation Office Closed on the Following Saturdays

November 26, December 24,
December 31, February 11

www.cityofwhiteplains.com

Program Registration

RECREATION AND PARKS MISSION

The mission of the City of White Plains Recreation and Parks Department is to enhance the quality of life by providing recreational opportunities through safe, well-organized and affordable programs and facilities; and to maintain a comprehensive network of parks, trails and open spaces that promotes the mental, physical and social well being of our residents.

Refund Policy

Refunds are issued only for the following reasons: A full refund will be issued for any program cancelled by Recreation & Parks. A refund request because of illness or accident must be submitted in writing and accompanied by a doctor's note. Refunds will be prorated based on the date received, with a 10% service charge.

Cancellation Policy

In case of inclement weather, cancellations will be announced on the Recreation & Parks Hotline at 422-1302, and on radio station WHUD FM (100.7). All efforts will be made to reschedule classes canceled due to weather conditions or scheduling conflicts. However there is no refund or pro-rated fee due to missed classes.

White Plains Recreation & Parks Alerts

Receive important information regarding recreation activities, weather related cancellations and game postponements by registering for RecAlerts. RecAlerts are reliable and free. There is no spam, no hidden cost; you receive messages as part of your cell phone text messaging plan (standard text messaging rates apply). To register use your cell phone, text "RecAlert" to 888777.

Program Registration

Registration for all programs begins four (4) business days following the mailing of the Guide. Online registration begins five (5) business days following the mailing of the guide.

All registration fees are payable at the time of registration. Class sizes are limited, so register early! Payment can be made by cash, check or credit card (MasterCard, Visa, or American Express). Please make checks payable to "The City of White Plains". Financial assistance may be available to qualified applicants. Federal Income Tax Form 1040 for tax year 2015 or Social Services Eligibility letter must accompany application. **No Scholarships available for nonresidents.**

Mail-In, Walk-In or visit www.whiteplainsregistration.com, All individuals will be able to browse our online brochure, however, if you wish to take advantage of online registration available for most of our programs, **you will be required to visit our office and provide proof of residency.** We will then provide you free of charge a WEBACCESS PASS for the convenience of future program registration.

Nonresidents may register for most programs in our office. Limited enrollment

Registration for programs will be held at the Recreation Administration Office at 85 Gedney Way, Monday through Friday, 8:30am-5:15pm and Saturdays, 9am - noon. A \$20 fee will be charged for all returned checks.

Registration for all programs begins four (4) business days following the mailing of the Guide. Online registration begins five (5) business days following the mailing of the guide.

Resident ID cards are issued on an annual basis, and can be obtained in person upon presenting two acceptable proofs of residency at the Recreation Administration Office.

Recreation ID Card Fees:

Adult (18 and older)	Initial \$11	Renewal \$9
Youth (5 to 17)	Initial \$7	Renewal \$6
Senior Citizens	Lifetime Ages 70 and Older \$10	
Lost Card	Replacement Fee \$11	

Acceptable Proofs of Residency: Adult:

Acceptable Proofs of Residency: Adult: Driver's license photo ID, utility bills, lease or cancelled checks. Youth: School ID card, library card, driver's permit or license. Youth without photo ID must be accompanied by a parent. A resident is a person who lives in the City of White Plains. Owning property in White Plains does not necessarily qualify a person as a resident.

Notice: The Department of Recreation & Parks reserves the right to cancel a program or adjust fees prior to actual starting date.

Registracion de Programas

COMO INSCRIBIRSE

COMO INSCRIBIRSE

Todos los costos de inscripcion deben pagarse al momento de la inscripcion. Tamaño de las clases es limitado, registrense temprano! Pago puede ser echo en efectivo, cheque, o credito (Mastercard, Visa, o American Express). Por favor haga los cheques a nombre de "The City of White Plains". Ayuda financiera puede estar disponible para los solicitantes calificados. Declaracion de impuestos Federales 1040 año fiscal, de 2015 tiene que acompañar la solicitud.

Por correo, en persona, o visitar www.whiteplainsregistration.com, Todos los individuos seran capaces de navegar por nuestro folleto por el web, sin embargo, para tomar ventaja de registro por el web para la mayoría de nuestros programas se le requiere visitar nuestra oficina y necesitamos prueba de residencia. Entonces vamos a ofrecer gratuitamente un pase de acceso al web para la comodidad de registro de programas en un futuro.

Inscripcion para los programas se llevara a cabo en la oficina administrativa de parques y recreo en 85 Gedney Way, Lunes a Viernes, 8:30am - 5:15pm y Sabados, 9am - medio dia. Una tarifa de \$20 se cobrara por todos los cheques devueltos.

TARJETA DE IDENTIFICACION DE RECREO

Las tarjetas de indentificacion de residentes se emiten sobre una base anual, y pueden se obtenida en persona al presentar dos pruebas aceptables de residencia en la Oficina Administrativa de Recreo.

Tarifas:

Adultos (18 o mas)	Inicial \$11	Renovacion \$9
Joven (5 a 17)	Inicial \$7	Renovacion \$6
Envejeciente (70 o mas)	\$10 de por vida	
Reemplazo, tarjeta perdida	\$11	

Pruebas Aceptables de Residencia: Adulto:

Licencia de conducir, facturas de servicios publicos, arrendamiento, o cheques cacelados. Joven: Tarjeta de identificacion de la escuela, tarjeta de biblioteca, permiso de conducir or licencia de conducir. Joven sin identificacion debe se acompañado por su pariente. Un residente es una persona que vive en la Ciudad de White Plains. Ser dueño de una propiedad en White Plains no califica necesariamente una persona como residente.

Nota: El Departamento de Parques y Recreo reserva el derecho de cancelar un programa o ajustar la tarifar antes de la fecha real de comienzo.

www.cityofwhiteplains.com

Where to go, What to do, Way of Life!
City of White Plains Recreation & Parks

Pre-School Programs

Arts & Crafts "Sticky Fingers"

Children have a great time with arts and crafts activities using a variety of art mediums. A smock or oversized t-shirt is necessary.

Age Group 3-5 Years
Day/Time Monday
3 Years, with Caregiver-12:45-1:30pm
211010-C1 Begins September 19, 10 Sessions
No Session 10/3, 10/10

211010-C2 Begins January 23, 8 Sessions
No Session 2/20

4-5 Years, Children Only - 1:45-2:30pm
211010-C3 Begins September 19, 10 Sessions
No Session 10/3, 10/10

211010-C4 C4 Begins January 23, 8 Sessions
No Session 2/20

Location Gillie Recreation Room
Registration On going
Fee: \$120-10 Sessions, \$95-8 Sessions

Funtastic Fitness

This class is an introduction to fitness through aerobics, calisthenics and movement games. Children have fun while getting fit and building coordination, balance and stamina; comfortable clothing and sneakers necessary.

Age Group 4-5 Years, **Children Only**
Day/Time Wednesday, 12:30-1:30pm, 10 Sessions
Course # **211010-F1** Begins September 21
No Session 10/12

Course # **211010-F2** Begins January 11
No Session 2/22

Location Gillie Recreation Room
Registration Ongoing
Fee \$120



Little Playmates

new

Children will enjoy a variety of activities that promote socialization, eye-hand coordination, language and speech development. Age appropriate activities include storytelling, singalongs, arts & crafts, movement and play.

Age Group 18 Months - 2 Years, **with caregiver**
Day/Time Wednesday or Thursday, 9:30-10:30am, 10 Sessions
Course # **211010-P1** Wednesday, September 21
No Session 10/12
211010-P2 Begins Thursday, September 22
No Session 11/24
211010-P4 Begins Wednesday, January 11
No Session 2/23
211010-P5 Begins Thursday, January 12
No Session 2/23

Age Group 3 Years, **with caregiver**
Day/Time Thursday, 11am-12pm, 10 Sessions
Course # **211010-P3** Begins September 22
No Session 11/24

211010-P6 Begins January 12
No session 2/23

Location Gillie Recreation Room
Registration Ongoing
Fee \$120

Play Group

Enjoy a scheduled play date and share ideas with others while having fun. Children have a great time interacting in a variety of activities: singing, parachute play, bubble making, creative movements, crafts and storytelling.

Age Group 18 Months - 2 Years, **with caregiver**
Day/Time Tuesday, 1:30-2:30pm, 10 Sessions
Course # **211010-TA** Begins September 20
No Session 10/4, 11/8
211010-TB Begins January 10
No Session 2/21

Location Gillie Recreation Room
Registration Ongoing
Fee \$120



Pre-School Programs

Pre-Ballet

A playful introduction to the world of ballet, music and creative movement. Children learn about rhythm, balance and stretching, as well as classic ballet names, forms and sequences. Students can wear a leotard with tights or form fitting clothes. Ballet shoes are necessary. A dance recital will be held in the Spring 2017 for classes starting in January (date TBD).

Age Group 4-6 Years, **Children Only**
Day/Time Wednesday 3:30-4:15p; 4:30-5:15pm
Course # **211010-BC** 3:30-4:15pm
BD 4:30-5:15pm
 Begins September 21, 10 Sessions
No Session 10/12, 11/23
211010-BE 3:30-4:15pm
BF 4:30-5:15pm
 Begins January 18, 12 Sessions,
No Session 2/22, 4/12

Location Gillie Recreation Room
Registration Ongoing
Fee: \$110-10 Sessions
 \$135-12 Sessions, Rehearsal & Recital



Parent-Tot Ice Skating

Call 422-1390 for information

Pre Kickers Instructional Program

Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All players will receive a t-shirt and they must wear shin guards.

Age Group Pre K
Day/Time Saturday, Begins September 17, 6 Sessions
Course # **220510-P1** 9am
Course # **P2** 12pm
Location George Washington Elementary School
Registration Ongoing (Space Limited) Deadline September 10
Fee \$75

Smart Start Sports

This program creates a solid foundation for sports activities by promoting safe and meaningful sports for children. Parents/Caregivers must attend and participate in this program with their children.

Age Group 2-4 Years **with Parents/Caregivers**
Day/Time Saturday, 9-9:45am, 6 sessions
Course # **214210-SS** Begins January 21
No Session 02/18, 02/25

Location Mamaroneck Ave School Gym
Registration Ongoing
Fee \$72

Soccer-Parent & Me Squirts



With a parent/caregiver by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will learn dribbling, shooting and passing.

Age Group 2-3 Years **with Caregivers**
Day/Time Tuesday, 9-9:45am or 10:10:45am
 Begins September 13, 6 sessions

Location Delfino Park
Registration Recreation Office or at www.ussportsinstitute.com
Fee \$99 **Check payable to USA Sport Group**

Swim Parent/Tot

A program designed to introduce and aid you in your child's adjustment to aquatics. Our program offers parents the opportunity to encourage and guide their children in a well-organized aquatics setting. **Adult must accompany child in all aquatic activities.**

Age Group 2-4 years **with Caregivers**
Day/Time Saturday, 3-3:30pm, 8 Sessions
Course # **210110-S9** Begins Saturday, October 1
Location White Plains High School Pool
Registration Ongoing
Fee \$96



Pre-School Programs

T-Ball Squirts

Utilizing fun games and activities, players will develop their skills in hitting, throwing and fielding. At the end of each session, participants will apply these skills to a scrimmage situation.

Age Group 3-4 years
Day/Time Tuesday, 3:30-4:15pm, 4:30-5:15pm
 Begins September 13, 6 Sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or
 @ www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**



Total Sports Squirts

Participants have the opportunity to experience Lacrosse, Soccer, Basketball, T-Ball, Floor Hockey and Flag Football in a safe, structured and fun learning environment.

Age Group 3-5 years
Day/Time Tuesday, 2:30-3:15pm
 Begins September 13, 6 Sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or
 @ www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**

Total Sports Squirts: Parent & Me

With a parent/caregiver participating by their side, this program will stimulate a child's imagination, develop motor skills and encourage social interaction. Children will experience a different sport within each class, including Soccer, Lacrosse, T-Ball, Basketball, Floor Hockey and Flag Football.

Age Group 2-3 Years **with caregiver**
Day/Time Tuesday, 2:30-3:15pm
 Begins September 13, 6 sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or
 @ www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**

Tumbling for Tots

Basic introduction to tumbling and flexibility, children will have a great time learning and practicing somersaults, handsprings and interacting with other children. Children will have a fun time tumbling on mats.

Age Group 4-5 Years **Children only**
Day/Time Friday 6-6:30pm or Saturday 9-9:30am,
 6 Sessions

Course # **211010-T1** Begins Friday, September 30
T2 Begins Saturday, October 1
T3 Begins Friday, January 6
T4 Begins Saturday, January 7

Location Ridgeway School Gymnasium
Registration Ongoing
Fee \$95



YOUTH PROGRAMS

BASKETBALL PROGRAMS

Come in the gym and score your way through the Winter! We offer various basketball programs for children, where young athletes learn about the game, begin skill work and understand the meaning of teamwork and play games. Dribble your way in and join our coaches and staff at the gym and get ready for tip-off!

Basketball Instruction

Our Basketball Instruction program introduces players to the basic fundamentals of basketball. Children practice dribbling, shooting, passing, and defense. No Experience necessary. Sessions are limited to 24 participants per group. **You may register for both sessions at the same time.**

Age Group K-2
Day/Time Saturdays
Session I **FALL**, Begins October 22, 6 Sessions
Course # **220310-F1** Grade K 9-10am
F2 Grade K 10:10-11:10am
F3 Grade 1 11:20-12:20pm
F4 Grade 2 12:30-1:30pm
F5 Grades 1 & 2 1:40-2:40pm
F6 Grades 1 & 2 2:50-3:50pm

No Session 11/12 & 11/26

Location Church Street School, Gymnasium
Fee \$75

Session II **WINTER**, Begins January 14, 6 Sessions
Course # **220310-W1** Grade K 9-10am
W2 Grade K 10:10-11:10am
W3 Grade 1 11:20-12:20pm
W4 Grade 2 12:30-1:30pm
W5 Grades 1 & 2 1:40-2:40pm
W6 Grades 1 & 2 2:50-3:50pm

No Session 2/18 & 2/25

Location Church Street School, Gymnasium
Registration Ongoing
Fee \$75

Basketball Recreation League

Teams practice on weekdays between the hours of 6-9pm in preparation to play in games. Basketball sneakers and shorts without pockets are required. League play is determined by grades and is gender specific. The season ends with an exciting March Madness tournament. **VOLUNTEER COACHES ARE NEEDED.**

If interested, please call 422-1351.

Age Group Grades 3-10
Day/Time Weekday Evenings & Saturdays
 Practices Begin December, Season Begins January

	Boys	Girls
Course #	220310-B1 Gr. 3-4	220310-G1 Gr. 3-4
	B2 Gr. 5-6	G2 Gr. 5-6
	B3 Gr. 7-8	G3 Gr. 7-8
	B4 Gr. 9-10	

Registration Ongoing **DEADLINE November 19**
Fee \$75-Residents only

New Player Evaluation

***All first time players in our league must attend new player evaluations**

Day/Time Monday, 11/21 Girls grades 3-8
 Tuesday, 11/22 Boys grades 3-10
Location Highland Middle School/upper gym, 6-8pm

White Plains Recreation Night with the WESTCHESTER KNICKS

Join your friends and classmates at the Westchester County Center for a night of basketball and entertainment with the Westchester Knicks, an NBA Development League affiliate of the New York Knicks. On this special night, City of White Plains youth will be recognized as we cheer on the Knicks in our own section. Half-time entertainment will include a basketball game featuring select players from White Plains. Food, fun and giveaways will equal a great night of basketball fun.

PURCHASE YOUR TICKETS AT THE RECREATION OFFICE. \$10 per ticket



YOUTH PROGRAMS

Basketball Competitive Travel Teams

High level play for top level players!! All players must tryout to be selected to the team. Tryouts are free. Once selected players receive full uniforms and will compete in league play against top teams from throughout the tri-state area. In addition, players play **FREE** in the WP Recreation League. **For more information, contact George Price, Program Supervisor at 422-1347.**

Ages	Grades 5-8	
Day/Time	Varies, October-March	
Course #	Boys	Girls
	225910-B1 Boys Gr 5	225910-G1 Girls Gr 5
	B2 Boys Gr 6	G2 Girls Gr 6
	B3 Boys Gr 7	G3 Girls Gr 7
	B4 Boys Gr 8	G4 Girls Gr 8

Location Varies
Registration: Ongoing
Fee \$275, **Due upon Selection to Team.**

FREE TRY OUTS

Boys

Grade	Dates	Time
8	Oct 17 & 19	6-7:30pm
7	Oct 17 & 19	7:30-9pm
6	Oct 18 & 20	7:30-9:00pm
5	Oct 18 & 20	6:00-7:30pm

Location-Highlands Middle School

Girls

Grade	Dates	Time
8	Oct 17 & 19	7:30-9:00pm
7	Oct 17 & 19	6:00-7:30pm
6	Oct 18 & 20	7:30-9:00pm
5	Oct 18 & 20	6:00-7:30pm

Location-Church Street School

Team Selection Oct 26-28
Practices Begins Late October/Early November

Cheerleading

Learn the techniques and team spirit necessary to be a top cheerleader. This cheerleading experience will develop your dance skills, work on team building and create an environment for new friendships.

Age Group Grades 1-5
Day/Time Monday, 6:15-7:15pm, 8 sessions
Course # **224410-C1** Begins October 17
Location Ridgeway School Gym
Registration Ongoing
Fee: \$80



Friday Night Field Hockey

new

Do you want to play some Field hockey this fall? Delfino Park, under the lights, is the place for you. White Plains Recreation and parks will be offering field hockey skill development and games for girls.

Players are responsible for mouth guards, shin guard and cleats. Limited numbers of sticks are available.

Age Group Grade 3 - 6
Day/Time Friday, Begins 9/23 6 Sessions
Course # **221110-FH** Grade 3-4, 5:45-7pm
GH Grade 5-6, 7:10-8:25pm

Location Delfino Park
Registration Ongoing, **Deadline 9/19**
Fee \$75

Hip-Hop

Children will have a great time learning how to move to different rhythms and beats while adding their own spice and attitude. Class will focus on upper and lower body coordination. Children will get active, create new friends and learn to dance, all at the same time. Students should wear comfortable clothing. A dance recital will be held in the Spring 2017 for classes starting in January only. Dress rehearsal and recital dates to be announced.

Age Group Grade 1 - 6
Day/Time **Grade 1-3** Tuesday, 4:30-5:30pm
Course # **225710-HA** Tuesday Begins September 20
 10 Sessions **No Session 10/4, 11/8**
Course # **225710-HB** Tuesday Begins January 17
 12 Sessions **No Session 2/21, 4/11**

Day/Time **Grades 4-6** Thursday, 4:30-5:30pm
Course # **225710-HF** Thursday Begins September 22
 10 Sessions **No Session 11/24**
Course # **225710-HW** Thursday Begins January 19
 12 Sessions **No Session 2/23, 4/13**

Location Gillie Recreation Room
Registration Ongoing,
Fee \$110-10 Sessions
 \$135-12 Sessions, rehearsal & recital



YOUTH PROGRAMS

Lacrosse Association, White Plains

This program teaches beginners and young players the basic skills necessary to play in competitive games.

Age Group Grades 1-8, Girls Grades 3-8
Registration Begins December: Applications are available at www.wplax.com.

My Art Treasure/Creative Explorations

Children will be able to have fun while exploring their artistic abilities. They will enjoy and experience different art mediums (painting, drawing, tie dyeing, clay sculpting and more), build on previous knowledge and learn new art skills. They will also learn about some popular artists and search for the artist within! Children should wear a smock or oversized shirt.

Age Group Grades 1 – 4
Day/Time Wednesday 4:30–5:30pm 10 Sessions
Course # **223010-AF** Begins September 21
No Session 10/12, 11/23
Course # **223010-AW** Begins January 11
No Session 2/22
Location Community Center, 65 Mitchell Place
Registration Ongoing.
Fee \$100 (Supplies Included)

“No-Go-Yell-Tell” Stranger Danger Program

This is a child safety program, designed to give children the skills to remain safe today. Simple and effective strategies against stranger danger are practiced through role playing in a safe, fun, caring environment.

Age Group 6-11 Years
Day/Time Saturday, March 4, 11:30am-12:30pm
Course # **225010-S2**
Location Gillie Recreation Room
Registration Ongoing
Fee \$5 **MUST PRE-REGISTER**



Quick Start Tennis

What makes tennis fun for children is being able to rally a ball back and forth over the net. In cooperation with the USTA, We offer Quick Start Tennis. Quick Start tennis is a program designed to instruct children at the beginner level in the skills needed to play and most of all enjoy the game of tennis. Utilizing smaller tennis courts, foam and oversized tennis balls, the child will learn the game of tennis. All equipment for this program is provided.

Age Group Grades 1-6
Day/Time Thursday, 5-6pm
Course # **221210-01** Begins September 15, 4 Sessions
Location Gillie Park
Registration Ongoing.
Fee \$85



Safe on My Own

This program will provide each child with the essentials needed when they are home without adult supervision. Discussion will cover First Aid, telephone & door answering, activity plans, emergencies & more!

Age Group Grades 5-8
Day/Time Saturday, March 4, 9-11am
Course # **225010-S1**
Location Gillie Recreation Room
Registration Ongoing
Fee \$5 **MUST PRE-REGISTER**

Santa's Mailbox

Write your special holiday list, place it in an envelope addressed to SANTA, NORTH POLE, and place it in the special Santa mail box on the steps of City Hall. Remember to include your return address! No stamp needed.

Day/Time November 21-December 17
Location City Hall Steps

YOUTH PROGRAMS

SOCCER

SOCCER STARTS HERE!

Come on out to the field and kick your way through the Fall! We offer various soccer programs for children, where players will begin to learn the game and various skills, as well as team work. Athletes will develop their skills and learn how to compete in game situations. All athletes will receive awards and a t-shirt. **DEADLINE SEPTEMBER 10**

VOLUNTEER COACHES ARE NEEDED FOR LEAGUE PLAY. IF YOU ARE INTERESTED PLEASE CALL 914-422-1351.

LITTLE KICKERS INSTRUCTIONAL PROGRAM

Children will be introduced to the game and the various skills needed to play. They will participate in drills, fun games, and mini scrimmages. All players will receive a t-shirt and they must wear shin guards.

Pre Kickers

Age Group Pre K
Day/Time Saturday, Begins September 17, 6 Sessions
Course # 220510-P1 9am
P2 12pm
Location George Washington School
Registration Ongoing, (Space Limited) **Deadline September 10**
Fee \$75

Kinder Kickers

Age Group Grade K
Day/Time Saturday, Begins September 17, 6 Sessions
Course # 220510-K1 10am
Course # K2 1pm
Location George Washington School
Registration Ongoing, (Space Limited) **Deadline September 10**
Fee \$75

First Kickers

Age Group Grade 1
Day/Time Saturday, Begins September 17, 6 Sessions
Course # 220510-1A 11am
Course # 1B 2pm
Location George Washington School
Registration Ongoing, (Space Limited) **Deadline September 10**
Fee \$75

Sunday Stars Instructional Program

Children will be introduced to the game and the various skills needed to play. They will be placed on teams and participate in drills and games. All players will receive a t-shirt and they **MUST** wear shin guards.

Age Group Grades K-6
Day/Time Sunday, Begins September 18, 6 Sessions
Course # 220510-08 Grade K – 2 10am
09 Grade 3 – 6 11:15am
Location Ralph Avenue Field
Registration Ongoing (Space Limited) **Deadline, September 10**
Fee: \$75

Soccer League Play

Athletes will practice during the week and participate in games on Saturdays. Soccer cleats, shin guards, and athletic clothing are required. T-shirts will be provided.

** 2nd Grade will be Co-Ed and the 3rd – 6th Graders will participate in the Travel Recreation League with neighboring towns. Games will be “full field”.

Age Group Grades 2-6
Day/Time Saturday, Begins September 24, 9am–3pm, 7 Sessions
Course # 220510-02 Grade-2, Coed
Boys **Girls**
Course # 220510-03 Gr-3-4 **Course #** 220510-04 Gr-3-4
05 Gr-5-6 **06** Gr-5-6
Location George Washington Elementary School & various local fields
Registration Ongoing (Space Limited) **Deadline September 10**
Fee \$75

Soccer Travel Teams - Coordinated by White Plains Youth Soccer

More information Contact: Alejandro Galeano - (914) 924-7266
alejo2384@hotmail.com U8-U18 boys and girls

StoryWalk™

An exciting initiative that combines a children’s story with a nature walk through our newest park. Children follow each page of the story as they walk the path. StoryWalk™ helps build children’s interest in reading while encouraging healthy outdoor activity for both adults and children. The stories will change every 6-8 weeks.

Where: Bryant – Mamaroneck Park, municipal parking available at the Mamaroneck Ave. Lot, 540 Mamaroneck Ave. (behind Dunkin Donuts)
When: Now – October 31, during normal park hours

Cost: Free

Note: The path in the park is natural and thus could prove to be challenging for some. Please exercise caution whilst walking on the path.



YOUTH PROGRAMS

Superkids Fitness

(By Peter Marino, Fitness Trainer)



This is a super hero themed outdoor fitness program different from any other program out there. Your kids will train in the first half of the session and then use the skills they have learned to play out an action sequence with Nerf guns. Each youth will get to choose an action sequence and play it out. At the last session we will record your child's action scene and send it to you as a keepsake..

Age Group Grades 3-8
Day/Time Tuesday & Friday 5:30–6:20pm. 8 Sessions
 Begins September 13 **No Session 10/4**
Location Kittrell Park (Fisher Ave)
Registration Recreation Office
Fee \$130 **Check payable to Peter Marino**

Swim FREE Family FUN

A free family oriented activity. All children under 13 must be accompanied by an adult, NO SWIM DIAPERS ALLOWED. Each participant 5 years & older MUST have a valid Recreation ID card to participate.

Age Group Grades Pre K-Adult
Day/Time Friday, 7-9pm, 8 Sessions
 Begins September 30
No Session 11/11, 11/25
 Begins January 6
No Session 2/17, 2/24
Location White Plains High School Pool
Registration **On-Site**
Fee Valid Recreation and Parks ID must be presented.

Swim Instruction-Beginners

Children will learn basic water safety skills and will be introduced to swimming. American Red Cross curriculum will be followed. Lessons are 35 minutes and 10 minutes to practice and play. All new participants will be tested on the first day of class and will be placed in their appropriate beginner skill level. No intermediate or advanced swimmers will be allowed in this class.

Age Group Grades K-8
Day/Time Tuesday, 6:45 -7:30pm, 8 Sessions
Course # **220110-T1** Begins September 27
No Session 10/4, 11/8
220110-T3 Begins January 10
No Session 2/21
Day/Time Saturday, 8 sessions
Course # **220110-S1** 12-12:45pm, Begins October 1
S2 1-1:45pm
S4 12-12:45pm, Begins January 7
S5 1-1:45pm
No Session 2/18, 2/25
Location White Plains High School Pool
Registration Ongoing
Fee \$96

Swim Instruction-Intermediate to Advanced Swimmer

This class is designed to refine and enhance stroke development. Children must be able to swim at least two pool laps in 4-5 feet deep water. American Red Cross curriculum will be followed. Lessons are 35 minutes and 10 minutes to practice and play. All new participants will be tested on the first day of class and will be assigned to either intermediate or advanced level. No beginners will be allowed in this class.

Age Group Grades K-8
Day/Time Tuesday, 7:45-8:30pm, 8 Sessions
Course # **220110-T2** Begins September 27
No Session 10/4, 11/8
220110-T4 Begins January 10
No Session 2/21
Day/Time Saturday 2-2:45pm, 8 Sessions
Course # **220110-S3** Begins October 1
S6 Begins January 7
No Session 2/18, 2/25
Location White Plains High School Pool
Registration Ongoing
Fee \$96

Taiko Drumming

Learn the technique and skill of traditional Taiko Masala drumming. Students will get an introduction to this exciting, energetic and unique drumming experience. Drums will be provided. Students will perform at the White Plains Tree Lighting, December 4.

Age Group Grade 1-Adult
Day/Time: Sunday, 10-1pm
Location Gillie Community Room, Gedney Way
Registration Ongoing Call 422-1339 for start date
Fee \$85 Resident, \$100 Non-Resident
Check payable to Niji No Kai

Tap Dance

Students will learn the fundamental steps of Tap dance. In addition to learning steps, class curriculum includes lessons on rhythm, syncopation and weight exchange. Children should wear form-fitting clothing. Tap shoes are required. A dance recital will be held in the Spring 2017 for classes starting in January only. Dress rehearsal and recital dates to be announced.

Age Group Grades 1-5
Day/Time Wednesday, 5:30-6:30pm
Course # **221010-D1** Begins September 21, 10 Sessions
No Session 10/12, 11/23
221010-D2 Begins January 18, 12 Sessions
No Session 2/22, 4/12
Location Gillie Recreation Room
Registration Ongoing
Fee \$110-10 Sessions
 \$135-12 Sessions, Rehearsal & Recital

YOUTH PROGRAMS

T-Ball Senior Squirts

new

This program is offered by US Sports Institute in association with WP Rec & Parks. Players will focus on learning the rules and techniques for hitting and fielding. Each week players will apply what they have learned into a T-Ball game. This class creates an environment which allows players to develop and progress within the sport.

Age Group Grades K-3
Day/Time: Tuesday, 3:30-4:15pm; 4:30-5:15pm
 Begins September 13, 6 Sessions
No Session 10/4

Location Delfino Park
Registration Recreation Office or at
 www.ussportsinstitute.com

Fee \$99 **Check payable to USA Sport Group**

Tennis Instructions

This is an instructional program designed for the beginner as well as the more advanced player. The goals include the following areas of fundamentals, proper grip of racquet, development of a forehand and back hand game, as well as learning the etiquette and rules of the game of tennis. Through development of basic tennis skills an individual can develop a lifelong interest in a healthy activity.



Age Group Grades 4-9
Day/ Time Friday, 5-6pm
Course # 221210-02 Begins September 16, 4 Sessions
Location Gillie Park
Registration Ongoing
Fee \$85

TGA Golf Enrichment

This program is offered by TGA in association with WP Rec & Parks. TGA makes it convenient and fun for your child to learn and play golf. Curriculums ensure that lesson plans are age-appropriate and easy to understand and retain. Students will experience a mix of golf instruction, rules and etiquette lessons, educational components, character development lessons and physical activity. Certified instructors will help your student athlete develop a strong foundation of skills and knowledge as well a passion for the sport.

Age Group Grades K-6
Day/Time Monday & Wednesday, Begins September 7, 8 sessions
 Grades K-3, 4:45-5:45pm
 Grades 4-6, 5:45-6:45pm
No Session 10/3
Rain date: Friday

Location NY Presbyterian Hospital/9-Hole Golf course

Registration Recreation Office or at
 www.playtga.com/southernwestchester

Fee \$200 **Check payable to TGA of Southern Westchester**

TGA Golf Winter Break Camp

new

This program is designed to empower students with the tools to be successful on the course and in life. TGA provides all equipment.

Age Group Grades K-6
Day/Time Tuesday to Thursday, 9:30-12:30pm
 3 sessions, February 21-23

Location Mamaroneck Ave. School Gym

Registration Recreation Office or at
 www.playtga.com/southernwestchester

Fee \$200 **Check payable to TGA of Southern Westchester**

Tumbling and Flexibility - Beginners

Children will be introduced to tumbling and have a great time practicing somersaults and handsprings. They will also enjoy interacting with other children while working on proper flexibility. Children will have fun on tumbling mats.

Age Group Grades 1-6, Children only
Day/Time: Friday 6:45-7:30pm or Saturday 9:45-10:30am
 8 Sessions

Course # 221910-F1 Begins Friday, September 30
No Session 11/11, 11/25
 221910-F2 Begins Friday, January 6
No Session 2/17, 2/24
 221910-S1 Begins Saturday, October 1
 S3 Begins Saturday, January 7
No Session 2/18, 2/25

Location Ridgeway School Gymnasium
Registration Ongoing
Fee \$125

Tumbling and Flexibility - Intermediate

Children will have a great time being physical while working on proper flexibility, practicing somersaults and handsprings. All children must be able to perform backbends to take advantage of and expand their tumbling abilities in our intermediate classes. Participants will have fun on tumbling mats.

Age Group Grades 1-6, Children only
Day/Time: Friday, 7:45-8:30pm, or Saturday, 10:45-11:30am, 8 Sessions

Course # 221910-F3 Begins Friday, September 30
No Session 11/11, 11/25
 221910-F4 Begins Friday, January 6
No Session 2/17, 2/24
 221910-S2 Begins Saturday, October 1
 S4 Begins Saturday, January 7
No Session 2/18, 2/25

Location Ridgeway School Gymnasium
Registration Ongoing
Fee \$125

YOUTH PROGRAMS

Track & Cross Country

Learn the basics of track & cross country. This non-competitive recreational program will introduce participants to the skills necessary for a lifetime of enjoyment, strength training and health from running. Sessions are limited to 30 participants per group. Groups meet twice a week.

Age Group	Grades 3-8
Day/ Time	Monday & Wednesday or Tuesday & Thursday, 5:30-6:30pm
Course #	221110-MW Begins Monday, September 19 10 Sessions No Session 10/3, 10/10, 10/12 TT Begins Tuesday, September 20 10 Sessions No Session 10/4, 10/11
Location	Highlands Middle School Parker Stadium
Registration	Ongoing
Fee	\$80

VOLLEYBALL YOUTH CLINIC

new

Clinic based program, where each class is designed as a practice. Each practice will consist of passing/ball control, setting, hitting, defense, positioning, and end of practice scrimmages.

Age Group	Girls & Boys, Grades 5th – 12th
Day/ Time	Thursdays, November 10 – January 12, 8 Classes
Location	Eastview Middle School, Upper Gym
Fee	\$240, Make checks payable to Westchester Volleyball NY
	For further information please email WESTCHESTERVOLLEYBALLNY@GMAIL.COM

Party Room Ebersole Ice Rink

Are you looking to host an Ice Skating Birthday party, you don't have to look further than Ebersole Ice Rink. The Party room at Ebersole Ice Rink is available for groups up to thirty. There are many party packages available for both the use of the Party room during Public Skating sessions as well for any other occasion you may be planning. Let the staff at Ebersole Ice Rink make that birthday party or other special event happen! For further information you can contact Ebersole Ice Rink at 914 422-1390 or e-mail Matt Hanson at mhanson@whiteplainsny.gov

White Plains Little League

Registration Starts in Early December
Register Online at
www.whiteplainslittleleague.com

Age Group	Boys & Girls, 5-15 Years Scholarships Available!
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Great White Plains Camp Out

Camp Out overnight in your own community. Overnight camping and all activities included in fee. Activities include: nature workshops, hiking, games, magic show, outdoor movie, campfire, ghost stories and leisure fun under the stars.

Age Group	Open to Families and Scout Groups
Day/ Time	Saturday, September 17 check-in after 2pm Checkout by 11am September 18 Rain date September 24
Location	Delfino Park Lake Street
Registration	Deadline September 11
Fee	\$50 per family

White Plains Recreation & Parks Camp Fair

Excitement, fun and friends await your child at summer camp in White Plains. Our camp fair gives you the opportunity to ask questions and get more information about our varied camp options. Meet the Camp Directors. Registration available on-site with current immunization records.

Age Group	Open to All
Day/ Time	Saturday, February 4, 10am – 1pm.
Location	White Plains High School Cafeteria 550 North Street (Use entrance off North Street)
Fee	Free

TEENS ONLY No Parents Allowed

Programs will be exciting, social, lots of fun and well supervised by experienced recreation staff. Come enjoy a night with your friends and make new ones. **SCHOOL ID REQUIRED, RESIDENTS ONLY.**

Back-to-School Video Dance Party, Grades 7 & 8

DJ rocks Delfino Park as we celebrate fall, friends, and back-to-school.

Day/ Time	Friday, September 9, 7:30-10:00pm
Location	Delfino Park, Ebersole Ice Rink. Residents only, School ID required
Fee	\$10

Back-to-School 6th Grade Dance Party

Meet new people, test your skills at volleyball, play music games, sing, dance and enjoy inflatable obstacle course. Concession open.

Day/ Time	Friday, September 16, 7-9:30pm
Location	Delfino Park Residents only, School ID required
Fee	\$10

Ice Skating with DJ

Day/ Time	Saturday, December 10 and Saturday February, 11 8-10pm
Fee	\$10 Skates included

All Skating programs are held at Ebersole Ice Rink



Programs for People with Differing Abilities

Teens and Adults

White Plains Recreation & Parks provides a variety of recreational fun & leisure programs for individuals with developmental disabilities. We are committed to providing facilities and programs which meet the needs of our residents. For more information regarding accessibility at our parks visit our website at www.whiteplainsny.gov for program information contact Matt Hanson, Recreation Supervisor II, 422-1363.

How Do New Participants Join the Program?

Before registering for programs, all new prospective participants must complete an intake interview and provide required documentation. To make an appointment, call Matt Hanson, 422-1363

Registration & Payment

Ongoing at the Recreation Office 85 Gedney Way for resident and non-resident individuals who reside at home with a parent/caregiver.

In addition to the program fee, there may be additional money required for some activities.

Recreation Buddies

We are committed to ensuring that all programs are available to resident youth to participate in regardless of their disability or other barriers that would preclude them from participation. It is our goal to enable all young people to realize their full potential through age appropriate recreation activity. If you feel your child could benefit from a Recreation Buddy to aid in their participation, call Matt Hanson, 422-1363.

For additional recreation opportunities White Plains Recreation Parks has partnered with Greenburgh Parks & Recreation.

For more information on program offerings, please contact Noel Broccoli @ 693-8985, ext 128

Art -n- Games

Enjoy creating fun art projects, games and other social activities.

Age Group 15 & Older
Day/Time Tuesday, 6:30 – 8:30pm
Course # **251510-F1** Begins September 20, 8 Sessions
No session 10/11
251510-W4 Begins January 17, 8 Sessions
No session 2/22

Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$64

Bowling for Fun

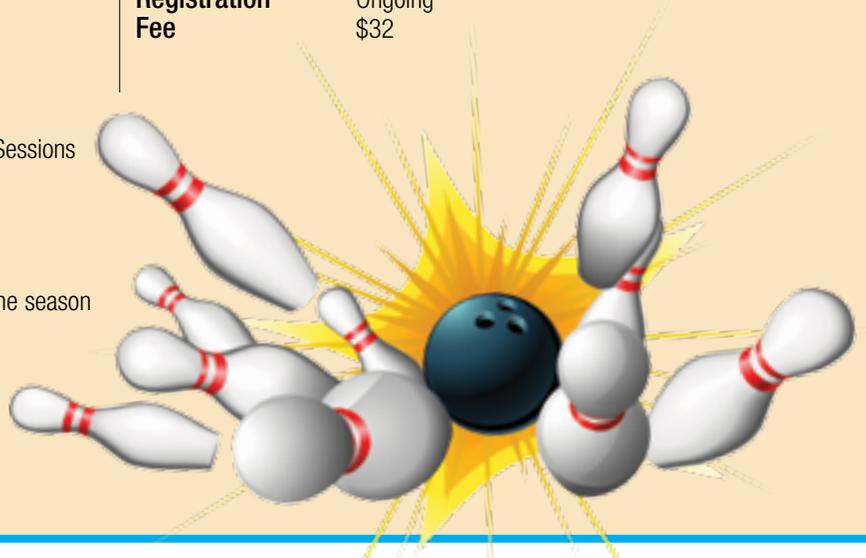
Age Group 15 & Older
Day/Time Saturday, 11am-1pm
Course # **251510-W2** Begins January 21, 8 Sessions
Location Bowlmar, Tarrytown Road
Registration Ongoing
Fee \$64
Bowling Fee **Check payable to Bowlmar**
Fee includes 2 games and shoes for the season

Life Skills

Life skills include a wide range of knowledge and skill interactions believed to be essential for young adults. We will be able to teach the importance of grooming properly, use kitchen utensils, make decisions about money, how to shop for your own things, and to be more independent, etc.

Age Group 13 & Older
Day/Time Friday, November 18, 6pm, 4 Sessions
Course # **251510-LS**
No Session 11/25

Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$32



Programs for People with Differing Abilities

Move & Groove

Musical games, dance movements and fun activities that will get you in the groove.

Age Group 13 and older
Day/Time Monday, 5:30–6:30pm
Course # 221510-M1 Begins September 19, 8 Sessions
No Session 10/10
Course # 221510-M2 Begins January 9, 8 Sessions
No Session 1/16, 2/20
Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$64

“Out & About” Social Night

Spend an evening with your friends. Participants will have a variety of fun activities at the Center or go on a community outing. Group meets once a month.

Age Group 13 & Older
Day/Time Friday, 6:30–9:30pm Nov. 4, Dec. 9 (Holiday Party)
Course # 251510-F3 Sept 16, Oct 14 (Halloween Party), Nov. 11, Dec. 9 (Holiday Party)
Course # 251510-W3 Jan. 13, Feb. 10 (Valentine Party), Mar. 10
Location Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$32

Swim & Gym

Take a dip in the pool followed by fun activities and sports in the gym.

Age Group 16 & Older
Day/Time Thursday, 7–9pm
Course # 251510-F1 Begins September 22, 8 Sessions
Course # W1 Begins January 12
No Session 2/23
Location White Plains High School, North Street
Registration Ongoing
Fee \$64



Special Olympic Training & Competition

Programs are designed for participants to learn the specified sports skills and to train for team competition. **A current Special Olympics Registration & Medical Form is also required to participate and is required with the program registration.**

Athletics Track & Field

Age Group 15 & Older
Day/Time Wednesday, 6:30–8:30pm
Course # 251510-T3 Begins February 15, 12 Sessions
No Session 2/22, 4/12
Location Highlands Middle School–South Gym
Registration Ongoing
Fee \$96
Competition Time Trails, April TBD. Details to be announced
 Spring Game, May TBD. Details to be announced

Bowling

Age Group 15 & Older
Day/Time Saturday, 11–1pm
Course # 251510-T1 Begins September 17, 12 sessions
Location Bowlmar, Tarrytown Road
Registration Ongoing
Fee \$96
Bowling Fee Check payable to Bowlmar
 Fee includes 2 games and shoes for the season
Competition Bowling competition, TBA
 Details to be announced

Westchester Broadway Theatre

Saturday Night Fever the Musical

Dust off your hip-hugging flares, your platform shoes and warm up your disco dance moves! Saturday Night Fever is one of the most loved dances stories of all time. A stage version of the extraordinarily successful 1977 movie, it is a jam-packed, dance-crazed, fuel-injected show. Tony Manero, is a Brooklyn man whose very ordinary life is transformed when he steps on to the dance floor packed with over twenty legendary hits from The Bee Gees including the classics; Stayin’ Alive, Night Fever, Jive Talking, You Should Be Dancing and How Deep is Your Love. Date and Fee TBA Call/email Matt for tickets 422-1363 mhanson @ whiteplainsny.gov



Ebersole Ice Rink



Ebersole Ice Rink located in Delfino Park, Lake Street.
Phone: 422-1348/422-1390. Rink opens early October
(weather permitting).

2016 - 2017 Public Session Schedule:

Thursday	12-2pm
Friday	3-5pm, 8-10pm, (Friday Night Skate with DJ!)
Saturday	1:45-4:15pm
Sunday	8:30-10:15am (Adults Only), 1-3:45pm (General Session)

Holiday Schedule

Thanksgiving Day **CLOSED** Thursday, November 24
 Christmas Day **CLOSED** Sunday, December 25
 Saturday, December 24, 12-3:45pm
 Saturday, December 31, 12-3:45pm
 Monday, December 26 through Friday, December 30, 1-3:45pm
 New Year's, Sunday, January 1, 12-5pm,
 Martin Luther King Day, Monday, January 16, 12-3:45pm
 Winter Recess
 Monday, February 20 through Friday, February 24, 1-3:45pm

* Amended Hours During School Vacation Weeks

Family Admission Rates

Youth: \$8, Adult: \$10, Senior: \$5
 Youth Coupons-10 Coupons \$70
 Adult Coupons-10 Coupons \$90
 Skate Rentals \$5.00
 Skate Sharpening \$8.00

Skate with Frosty the Snowman!
 Sunday, December 18, 1-3:45pm
 (REGULAR ADMISSION)

Free Rink Admission on
 Veteran's Day Friday,
 November 11, 12-3pm

HOST YOUR NEXT PARTY AT
 EBERSOLE ICE RINK

- Private Party Room
- Food on Site
- Skate Rentals Included
- Contact Matt Hanson at
mhanson@whiteplainsny.gov
 for info/pricing

SAVE THE DATE(S):

Shamrock Solos: Thursday, March 16, 2017 6pm

Annual Spring Spectacular:

Sunday, March 26, 2017 6pm*

*2017 Show Theme: Winter Olympics. Rehearsal Dates TBA

Free Style Subscription Ice (Mixed Level)

Day/Time Friday, 5:30-7:45pm
 Course # 250810-01
 Location \$350 Residents, \$500 Non-Residents; \$25 Walk-on
 Tuesday Night Subscription Freestyle Ice is offered by White Plains FSC,
 please visit www.whiteplainsfsc.org for more Information

Group Lessons (ages 4 through adult)

Group instruction will be offered in three, 6-week sessions.
 Class times vary based upon age/level. **IN PERSON**
REGISTRATION IS REQUIRED AT RECREATION AND PARKS, 85
GENDEY SEE BELOW FOR DATES/TIMES

"We-Skate" Group Class Offerings

Beginner through advanced instruction

Course # 220710
 Session 1 October 14-November 20
 Registration October 1 @ 10am, Oct 5&6 @ 6pm
 Session 2 December 2-January 22
 Registration November 17 @ 6pm, Nov. 19 @ 10am
 Session 3 Jan. 27-Mar. 19
 Registration Jan. 18-19 @ 6pm, Jan. 21 @ 10am
 Fee \$120

Tots 1&2 (age 4-6), Pre-Alpha (age 7+)

Age Group 4-7 and up
 Day/Time Friday, 3:45pm
F1 Tot 1, Adv Tot Tot 2, Pre-Alpha
 Day/Time Saturday 12:15pm
S1 Tot 1, Adv Tot, Pre-Alpha
 Day/Time Saturday 12:45pm
S2 Tot 1, Adv. Tot, Tot 2, Pre-Alpha
 Day/Time Sunday 11:45am
S1 Tot 1, Adv. Tot, Tot 2, Pre-Alpha
 Day/Time Sunday 12:15pm
S2 Tot 1, Adv. Tot, Tot 2, Pre-Alpha
 Day/Time Friday, 4:15pm
F2 Alpha, Beta, Gamma/Delta, Ballet (off-Ice)
 Day/Time Friday, 4:45pm
F3 Gamma/Delta, Freestyle 1&2&3, Adult, Ballet (off-Ice)

Ebersole Ice Rink

Ebersole Ice Rink Happenings

Skate to music every Friday night from 8-10pm

Day/Time Saturday, 12:15pm
S3 Special Alpha (age 4-6)

Day/Time Saturday, 12:45pm
S4 Alpha, Beta, Gamma/Delta

Day/Time Saturday, 1:15pm
S5 Beta, Gamma/Delta, Freestyle 1&2&3

Day/Time Sunday, 11:45pm
3S Alpha, Beta, Gamma/Delta

Day/Time Sunday, 12:15pm
4S Special Alpha, Alpha, Beta, Gamma/Delta, Freestyle 1&2&3, Adult

Course # 220710
Session 2 December 2-January 22
Registration Nov. 17, 6pm, Nov. 19, 10am
Fee \$120

Day/Time Friday, 3:45pm
F4 Tot 1, Adv Tot Tot 2, Pre-Alpha

Day/Time Saturday 12:15pm
S6 Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Saturday 12:45pm
S7 Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Sunday 11:45am
5S Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Sunday 12:15pm
6S Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Friday, 4:15pm
F5 Alpha, Beta, Gamma/Delta, Ballet (off-Ice)

Day/Time Friday, 4:45pm
F6 Gamma/Delta, Freestyle 1&2&3, Adult, Ballet (off-Ice)

Day/Time Saturday, 12:15pm
S8 Special Alpha (age 4-6)

Day/Time Saturday, 12:45pm
S9 Alpha, Beta, Gamma/Delta

Day/Time Saturday, 1:15pm
10 Beta, Gamma/Delta, Freestyle 1&2&3

Day/Time Sunday, 11:45pm
7S Alpha, Beta, Gamma/Delta

Day/Time Sunday, 12:15pm
8S Special Alpha, Alpha, Beta, Gamma/Delta, Freestyle 1&2&3, Adult

Course # 220710
Session 3 Jan. 27-Mar. 19
Registration Jan. 18-19, 6pm, Jan. 21, 10am
Fee \$120

Day/Time Friday, 3:45pm
F7 Tot 1, Adv Tot Tot 2, Pre-Alpha

Day/Time Saturday, 12:15pm
11 Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Saturday, 12:45pm
12 Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Sunday 11:45am
9S Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Sunday 12:15pm
16 Tot 1 (age 4-6), Adv. Tot (age 4-6) Tot 2 (age 4-6) Pre-Alpha (age 7 and up)

Day/Time Friday, 4:15pm
F8 Alpha, Beta, Gamma/Delta, Ballet (off-Ice)

Day/Time Friday, 4:45pm
F9 Gamma/Delta, Freestyle 1&2&3, Adult, Ballet (off-Ice)

Day/Time Saturday, 12:15pm
13 Special Alpha (age 4-6)

Day/Time Saturday, 12:45pm
14 Alpha, Beta, Gamma/Delta

Day/Time Saturday, 1:15pm
15 Beta, Gamma/Delta, Freestyle 1&2&3

Day/Time Sunday, 11:45pm
17 Alpha, Beta, Gamma/Delta

Day/Time Friday, 4:45pm
F9 Special Alpha, Alpha, Beta, Gamma/Delta, Freestyle 1&2&3, Adult

No Class February 17-19

Ebersole Ice Rink

Hockey Group Class Offerings

Intro to Mites Hockey

Two-hour per week clinic teaching basic skating skills and the fundamentals of hockey and team play. The class is geared towards preparing skaters for Ebersole's Mites Hockey program (See Below) and thus is recommended for skaters who may wish to join a hockey team in the future. Hockey skates and full hockey gear/equipment required for participation.

Age Group:	5-7
Day/Time:	10/22-11/27, Sat-12:15-1:15pm and Sunday 10:30-11:30am
Course#	220610-H1
Day/Time:	01/14-03/05, Sat-12:15-1:15pm and Sunday 10:30-11:30am
Course#	220610-H4
Fee:	\$550 Resident; \$800 Non-Resident for 12 Sessions

Open Level Hockey Clinic

One hour, half-ice clinic teaching/emphasizing the fundamentals of hockey, in addition to power skating and edgework. This class is open to all levels and geared towards skaters who want to use the clinic as supplemental instruction to a current team and/or skaters who wish to have one-hour of hockey fun a week! Hockey skates and full hockey gear/equipment required for participation.

Age Group:	All ages
Day/Time:	10/23-11/27, Sun-10:30-11:30am
Course#	220610-H3
Day/Time:	01/15-03/05, Sun-10:30-11:30am
Course#	220610-H5
Fee:	\$275 Resident; \$400 Non-Resident 6 Session

Learn to play Hockey

Ice Hockey Mite

The Mite program is designed for the player who has had either clinic experience, or who has participated in organized hockey. Players are scheduled to skate three times per week. Games are cross ice.

Age Group:	8 Years & Younger
Day/Time:	Weekdays, October - March - 6pm
Course #:	220610-01
Location:	Ebersole Ice Rink
Registration:	Ongoing
Fee:	\$775

Party Room Ebersole Ice Rink

Are you looking to host an Ice Skating Birthday party, you don't have to look further than Ebersole Ice Rink. The Party room at Ebersole Ice Rink is available for groups up to thirty. There are many party packages available for both the use of the Party room during Public Skating sessions as well for any other occasion you may be planning. Let the staff at Ebersole Ice Rink make that birthday party or other special event happen! For further information you can contact Ebersole Ice Rink at 914 422-1390 or e-mail Matt Hanson at mhanson@whiteplainsny.gov



Adult Programs

Basketball League-Men

Residents, Collegiate, Corporate & Non Resident Teams are welcome to participate

Age Group 18 and Older
Day/Time Weekday evenings, 7, 8, 9pm Games
 December-April
Course # 240310-01
Location Highlands and Eastview Schools
Registration Ongoing
Fee \$950 Manager's meeting is scheduled for Thursday, November 3 at 6:30pm at the Recreation and Parks Department. All new teams interested in playing must call George Price 422-1347.

Note All fees must be paid before league play begins.

Fat Burning Pilates-Bodies In Motion

Join a dynamic class that combines calorie burning cardio and fundamental Pilate moves by using weights, resistance bands, and stability balls. This combination of cardio moves and core exercises will strengthen your abdomen and maximize your fat burning potential.

Age Group: 18 & Over
Day/Time Thursday, 6:30-7:30pm, 8 Sessions
Course # 245310-01 Begins September 29
 02 Begins January 19
No session 2/9
Location White Plains Community Center, 65 Mitchell Place
Registration Ongoing
Fee \$104

new

Lap Swim

This is a non-instructional open lap swim for adults of all levels. It is recommended for adults who know how to swim.

Age Group: 16 & Over
Day/Time Saturday, 10:45-11:45am, 8 Sessions
Course # 240110-LF Begins October 1
 240110-LW Begins January 7
No session 2/18, 2/25
Location White Plains High School Pool
Registration Ongoing
Fee \$80



Softball, Co-Ed League-Fall League

The Recreation and Parks Department is glad to announce its 3rd year of co-ed fall softball. Please contact Lauren O'Connor, Recreation Supervisor at 422-1351 for further details.

Age Group 18 and Older
Day/Time Weekday nights, September-November 6-11pm
Course # 240210-03
Location Defino Park/Gille 2
Registration Ongoing
Fee \$800-Entry deadline 9/9



Softball, Men's League-Fall League

new

Slow Pitch- League play for all levels of competition.

Age Group 18 & older
Day/Time Games are weekdays, September-November
Location Defino Park
Registration Ongoing
Fee \$800-Entry

Softball, Men's League-35+

new

Slow pitch – play for all levels of competition.

Age Group 35 and Older
Day/Time Games are weekdays, September-November
Location Defino Park
Registration Ongoing
Fee \$800-Entry

Tap Dance

new

Participants will learn the fundamental steps of Tap Dance. In addition to learning steps, class curriculum includes lessons on rhythm, syncopation and weight exchange. A great exercise program!! Tap shoes required.

Age Group 16 & Older
Day/Time Wednesday, 6:45 -7:45pm
Course # 244310-LF Begins September 28
No session 10/12,11/23
 244310-LW Begins January 25
Location Gillie Recreation Room
Registration Ongoing
Fee \$104

Adult Programs

Tennis - Platform Tennis

Open play, follows Ebersole Ice Rink schedule.

Age Group	16 & Older
Day/Time	Weekdays, 9am-9pm; Weekends, 9am-6pm
Location	Delfino Park, 2 Courts, first-come, first-served
Registration	Permit only
Fee	Season Pass Adult \$100, Senior Citizens \$75 Non-Resident \$200 Guest coupons available for purchase when ice rink is open \$10 per coupon, court closed city holidays



Tennis Instruction

The Adult tennis program is an instructional program designed for the beginner as well as the more advanced player. The goals include the following areas of fundamentals, proper grip of racquet, development of a forehand and back hand game, as well as learning the etiquette and rules of the game of tennis. Through development of basic tennis skills an individual can develop a lifelong interest in a healthy activity. Supplies can be purchased at wholesale prices at the first class.

Age Group	16 and Older
Day/Time	Thursday or Friday, 6-7:30pm, 4 Sessions
Course #	241210-01 Begins Thursday, September 15 02 Begins Friday, September 16
Location	Gillie Park
Registration	Ongoing
Fee	\$125

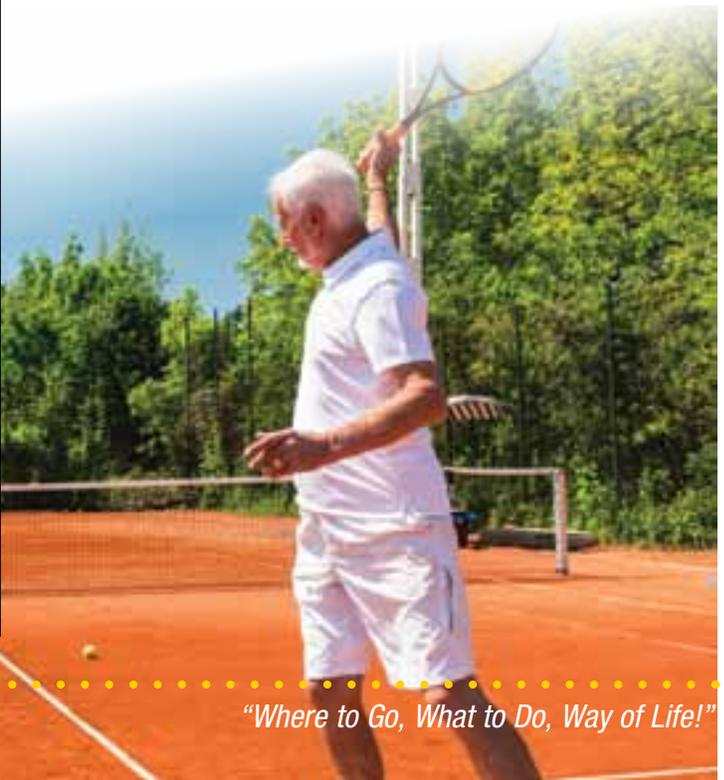


Yoga-Open Level

new

Start your weekend off by releasing tension from your body, lifting your spirit and connecting with your inner core. We will use a blend of yoga exercises and meditation techniques to help increase strength, improve flexibility, and help balance the mind and body. Some yoga experience is helpful. Bring your own mat.

Age Group	18 & Older
Day/Time	Saturday, 10:15-11:15am, 8 Sessions
Course #	242310-YF Begins September 24 YW Begins January 14
Location	Outdoor: Liberty Park-Lake St (weather permitting) Indoor: WP Public Library
Registration	Ongoing
Fee	\$104



Active Older Adult Programs AOA

About the White Plains Recreation & Parks AOA Program

The Active Older Adult Program is located at the White Plains Recreation & Parks Community Center on the first floor of the historical Armory Plaza, 65 Mitchell Place in downtown White Plains. Metered parking is available on Mitchell Place or in the City Center Parking Garage located on Martine Ave and Main Street.

The Senior Café Program and Transportation and Supportive Services are partially funded through the US Department of Health and Human Services, the New York State Office for the Aging and the Westchester County Department of Senior Programs and Services.

Recreation & Wellness Support-Residents 60 years old and up qualify to participate in the Active Older Adult classes, programs, services, trips and special events. Non-residents are welcome to attend classes by paying the non-residents rate. Enjoy a variety of recreation and leisure throughout the year. Through our Wellness Support program you can receive guidance and direction from health care professional referral.

Senior Café-The Center serves a delicious, nutritious hot lunch daily from 11:30am-noon for a **\$3.00** suggested contribution. **Meal reservations can be made for a week at a time (24 hour reservation required), call 422-1423.**

Center Transportation Services-Bus service is available, door to door, to and from your home. Reservations must be made the day before by 4pm. Reservation can also be made for a week at a time. Center Bus Schedule: Pickup-9am and 10am (dependent on number of riders) Return-1pm and 2:30pm runs. Fee: \$1.00 suggested contribution per one-way service. For reservation call 422-1423.

Grocery Shopping-Thursdays-(Shop for one hour). Bus pick up is between 9:15-10am. You can choose to shop at Stop & Shop or Shop Rite.

Farmer's Market - Wednesdays

The Senior Bus will pick you on the morning run and drop you off at the market. The bus will pick you up from the Market and return to the Center, not your home. For a ride home you must make a reservation for the 1 pm bus leaving from the Center

Payments We now accept Visa, Mastercard or American Express. **REFUND POLICY.** There are NO refunds unless your cancellation is filled. There are no refunds for Center parties, luncheons and events. For any programs cancelled by the Recreation & Parks Senior Program, a full refund will be issued.

Senior Citizens Advisory Committee (The SCAC is a non-partisan and non-sectarian organization not affiliated with the City of White Plains. The purpose of the SCAC is to enrich the lives of senior members of the community through supporting programs and activities for older citizens and creating a positive impact in their quality of life. Feel free to speak with any committee member with suggestions that you may have: Malcolm Baehr, Jean Brown, Matthew Coffey, Jean Cortalano, Sue Demarsico, Kathy Ferri, Lydia Garced, Jane Prout, Agnes Scheu, Margaret Weaver. **Visit the Thrifty Boutique Shop**-donate your unused items and help to support programs through item sales. Open Monday - Friday, 10am-2:30pm.

Cafeteria y Transportacion: Delicioso y nutritivo almuerzo diariamente - 11:30 a.m. a 12 p.m. Contribución sugerida: \$3.00. Se ofrece transportación de ida y vuelta de su casa al Centro. Contribución sugerida: \$1.00 cents cada vía. Para almuerzo y transportación debe reservar con por lo menos 24 horas de anticipación. Llamar al 422-1423. Puede hacer reservaciones para toda la semana.

Servicio de Transportación Especial:

Delicioso y nutritivo almuerzo diariamente -11:30 a.m. a 12 p.m. Contribución sugerida: \$3.00. Se ofrece transportación de ida y vuelta de su casa al Centro. Contribución sugerida: \$1.00 cents cada vía. Para almuerzo y transportación debe reservar con por lo menos 24 horas de anticipación. Llamar al 422-1423. Puede hacer reservaciones para toda la semana.

Classes and leisure activities are for adults, 60 years and older. All programs are held at the Recreation & Parks Community Center, 65 Mitchell Place. For more information call 422-1423.

Active Older Adult Programs AOA

COMPUTERS & CREATIVE ARTS



Basic Computers

This is an introductory course to the personal computer. Learn how to turn on the PC on/off, how to use the mouse, learn about the desktop, access internet functions and how to create an e-mail.

Fall Classes to be announced - for more information call 422-1423

More Computers

Explore files and folders, how to create them, copy, move and delete them. Learn about email directories; create files and folders and basic internet searches. Class will cover downloads, working with flash drives, CDs and other storage devices

Fall Classes to be announced - for more information call 422-1423

DIY (Do It Yourself) Crafts

new

Decoupage, Antique Faux Finishes, Floral Arranging - Challenge your creative side with these new craft opportunities.

Day/Time Wednesday, 10am-noon

Course# 263110-A5 Begins October 19, 6 Sessions

Fee \$60 Resident, \$75 Non Residents

Fine Art Workshop (formally Watercolor and Open Art Studio)

new

Explore and learn the fundamentals and techniques of various art modalities such as drawing, watercolor, pencil, pastels, collage and more. Class supplies are provided to beginners. Intermediate to advanced students bring your personal supplies.

Day/Time Monday, 10am-Noon

Course # 263110-A1 Begins November 7, 6 Sessions

Course # 263110-A2 Begins January 23, 8 Sessions

Day/Time Tuesday, 10am – noon

Course# 263110-A4 Begins January 24 , 8 sessions

Fee \$25- 6 Session Resident, \$45 Non-Resident
\$30-8 Session Resident, \$55 Non-Resident



Forever Young Singers

Join this performance group as we learn songs which will be performed at City events. Explore part singing, harmonies and various vocal styles.

Day/Time Tuesday, 10:15–11:30am

Course# 263110-C1 Begins September 20, 8 Sessions
No Sessions 10/4, 11/8, 11/22

Course# 263110-C2 Begins January 24, 6 Sessions

Fee \$5 Resident, \$55 Non Residents



Knitting & Crochet for Everyone

Receive basic instruction to start knitting! Bring one skein of yarn and knitting needles.

Day/Time Thursday, 10am-noon

Course# 263110-K1 Begins October 6, 10 Sessions
No Class 11/24

Course# 263110-K2 Begins January 26, 6 Sessions

Fee \$5 Resident, \$55 Non-Resident



Memoir Writing Workshop

This class will help you communicate your experiences in writing, creating a clear and compelling prose.

Day/Time Tuesday, 10:30–11:45am

Course# 263110-F4 Begins September 20, 10 Sessions
No Sessions 10/4, 11/8, 11/22

Winter classes to be announced

Fee \$5 Resident, \$55 Non Residents

Active Older Adult Programs AOA

HEALTH & FITNESS

Physical Activity Levels

Health & Fitness classes are defined by the minimum physical skills required to participate in the activity.

REMINDER: Consult your physician before participating in a fitness program. For comfort and ease of movement, dress warm up clothes and appropriate foot wear.

- Level 1:** movement done in a sitting position only
- Level 2:** movement done in a sitting position or standing position with support from a chair
- Level 3:** movement done in a standing position with or without the support of a chair
- Level 4:** movement done in a standing position without support of a chair, with high level skills in agility, balance and coordination, ability to get down and up from the floor.

Chair Yoga – Level 1 *Exercise Video*

Step by step poses while sitting in your seat, with modifications provided for those who may have limitations.

Day/Time Monday, September 19, 12:30-1:30pm

CHECK YOUR RECEIPT FOR NO CLASS DATES

Fee Free

Fall Prevention Fitness – Level 2

Sponsored by Westchester County Department of Senior Programs and Services and Westchester Community College Mainstream. Stay strong and fit with exercises that will improve balance, cardiovascular endurance, and strength.

Day/Time Wednesday, September 14, 10:30–11:30am

Course# 263410-F2

Fee Free

Flexible Fitness – Level 2

Continue your Wednesday exercise routine with exercises that will keep you flexible and feeling great!

Day/Time Wednesday, September 14, 10:30 – 11:30am

Course# 263410-FX Begins January 25, 6 Sessions

Fee \$25 Resident, \$45 Non-Resident



Gentle Yoga – Level 2

Maintain overall body flexibility and endurance. Stress reduction and relaxation are a plus!

Day/Time Wednesday, 2-3pm

Course# 263410-F5 Begins September 21, 8 Sessions

Course# 263410-W5 Begins January 25, 6 Sessions

Fee \$30-8 Sessions- Resident, \$55 Non-Resident
\$25-6 Sessions-Resident, \$45 Non-Resident

Line Dancing Level 4

Class will include some familiar standard and new dances.

Day/Time Thursday, 10–11am

Course# 263410-10 Begins September 22, 8 Sessions

No Session 11/24

Course# 263410-11 Begins January 26, 6 Sessions

Fee Resident \$5, Non-Resident \$55

Senior Strong – Level 3

This program is heart healthy and easy on the joints using low-impact weights, stretch bands and a ball.

Day/Time Monday, 10:30-11:30am

Course# 263410-S1 Begins September 19, 8 Sessions

No Class 10/3, 10/10

Course# 263410-S2 Begins January 23, 6 Sessions

Fee \$30-8 Sessions Resident, \$55 Non-Resident
\$25-6 Sessions Resident, \$45 Non-Resident

Sit & Get Fit – Level 1 *Exercise Video*

Get a great workout while sitting in your seat.

Day/Time Monday, Tuesday, Friday, 9:45–10:30am

Course# 263410-F3 Restarts September 2, Ongoing

CHECK YOUR RECEIPT FOR NO CLASS DATES

Fee Free

Tai Chi Video–Level 3

Great for beginners!

Day/Time Thursday, 11am–12pm

Course# 263410-TV Restarts September 1, Ongoing

CHECK YOUR RECEIPT FOR NO CLASS DATES

Fee Free

Tai Chi Instruction - Level 4 **NEW**

Reduce stress and improve your balance. Great for beginners!

Day/Time Tuesday, 10:30 – 11:30am

Course# 263410-T1 Begins September 20, 8 Sessions

No class 10/4, 11/8, 11/22

Course# 263410-T2 Begins January 24, 6 Sessions

Fee \$30-8 Sessions Resident, \$55 Non-Resident
\$25-6 Sessions Resident, \$45 Non-Resident

Active Older Adult Programs AOA

ZUMBA Toning–Level 4

Move to international music and get an exciting, effective workout. Routine features aerobic training with a combination of weights for toning and sculpting.

Day/Time	Friday, 10:30–11:30am
Course#	263410-F9 Begins September 16, 8 Sessions
Course#	263410-W9 Begins January 27, 6 Sessions
Fee	\$25-6 Sessions Residents, \$45 Non-Resident \$30-8 Sessions Residents, \$55 Non-Resident

GAMES BINGO!

Day/Time	Tuesday & Thursday, 12:30-2:30pm
Date	Ongoing
Fee	25¢ a card, Registration required

Supervised Bridge

Improve your game with play and discussion of hands. Practice your skills with random hands and receive constructive criticism. Class is not for beginners

Day/Time	Tuesday, 1–3pm
Course#	265110-01 Begins September 20, 8 Sessions No Session 11/8, 11/22
Location	Community Center 65 Mitchell Place
Fee	\$30 Resident, \$55 Non-Resident

Westchester Wii Bowling League - White Plains Team

Learn how to do play this fun Bowling video game and competing against other senior groups.

Day/Time	Monday and Thursday 10–11:30am & 12:30 – 2:30pm, Ongoing
Course #	265110-04 Restarts September 1
Fee	Free, Registration Required



SPECIAL INTEREST

AARP Defensive Driving

Register at the Community Center. **Checks ONLY, payable to AARP.**

Day/Time	Monday, 9am–4pm
Date	March 27
Fee	\$20 Members, \$25 Non-members

Broadway Theater Lovers Club

At the club meeting we will discuss current Broadway shows and vote on one to attend. If you are interested in joining this group, bring cash or a check to pay for the trip at the meeting time. For more information call 422-1423.

Dine Around Club

Join us on the last Tuesday of every month for dinner out in White Plains with friends. Restaurants will be determined monthly. Cost on your own. Please register at the front desk or call 422-1423.



Grupo Social Hispano

Unase a este grupo social y comparte las similitudes y diferencias de su cultura con otras personas de habla hispana.

Dia/Hora	Miércoles, 12:30 - 2:30pm
Costo	Gratis

WELLNESS SUPPORT-All support programs are free

Aging & Life Transitions

Join in this open discussion group where you will explore and share experiences related to the process of aging.

Day/Time	Tuesday, 12:15–1pm
Date	October 4, 18, November 1, 15, 29, December 13, 27, January 10, 24, February 7, 21, March 7, 21
Fee	Free

Active Older Adult Programs AOA

Lunch & Learn Presentations

Learn from professionals from Burke Rehabilitation Hospital, Family Services of Westchester, Legal Services of the Hudson Valley, NY Presbyterian Hospital, Shop Rite and more!

Day/Time Wednesday, 12-12:45pm

Sept 21-Falls Prevention In Older Adults

Oct 5-Fall Concert & Dessert with the Fairview of Greenwich

Oct 26-Rethink Your Drink (Cornell University)

Nov 2-Memory with Dr. Keren, (Department of neurology)

Nov 30-Making Healthy Eating Part of Your Life (Cornell University)

Dec 21-Physical Activity and Your Health (Cornell University)

Jan 18-Travel to Japan (video)

Feb 15-Afternoon of comedy with "I Love Lucy"

Mar. 22-Celebrate National Nutrition month with Nutritionist, Nella Caggiano

Medicare Minute

Once per month, volunteers in the Seniors Out Speaking on Medicare (SOS Medicare) program present a short lecture about an important health care topic, and provide Medicare counseling.

Day/Time First Tuesday of the month, 12-12:30pm
Oct. 4, Nov. 1, Dec. 6, Jan. 3, Feb. 7, Mar. 7

Nurse's Corner

Doctor's United of White Plains

Meet with the visiting nurse for blood pressure readings, stress screenings and questions about medications and diet..

Day/Time Mondays, 12:15-1:15pm



Health Day at the White Plains Senior Center

Doctor's United of White Plains

Participate in health education and medical screenings such as blood pressure readings, diabetes risk assessments and stress screenings. Visit with some medical professionals who will help to educate you and offer suggestions for healthier living. Visit the podiatrist, physical therapist and have some of your important questions answered. Have a massage which will help reduce some of your stress.

Day/Time Wednesday, October 26, 10 am - 2:00pm

Location White Plains Senior Center, 65 Mitchell Place
No registration required

Flu Shot Clinic

Day/Time Wednesday, October 19th, 1:00-3:00pm
(Registration begins at 12:00pm)

Location White Plains Senior Center, 65 Mitchell Place

Fee Covered by Medicare. Otherwise there will be a \$25 charge

Registration is required by calling 422-1423. Space is limited.

White Plains Hospital Wellness Series

Once a month learn from top notch health professionals on how to stay healthy after the age of 50. Learn how to enhance your energy levels and improve your physical, cognitive and emotional health to live life to the fullest!

Day/Time 2nd Wednesday of the month, 12:15-1:00pm

Oct 12 Breast cancer awareness

Nov 9 Self Esteem 123 - Dealing with loss of vitality and freedom

Dec 14 Sleep on It: Sleeping A to Zzzzzz

Jan 11 How to Beat the Winter Blues

Feb 8 Time is Brain: Stroke Awareness

Mar 8 Age Related Viruses

Registration Seating is limited. Please call Jaime at 681-1192 or Community Center at 422-1423 to register

SPECIAL EVENTS

Birthday Lunch Celebrations

Join us for lunch and entertainment as we celebrate our member's birthdays. Birthdays receive lunch on the house.

Day/Time Friday, 11:30am-1pm
October 7, Fall Birthdays (October- December)
January 13, Winter Birthdays (January-March)

Fee \$3.00 Suggested contribution, Please pay that day



Active Older Adult Programs AOA

Breast Cancer Bake Sale

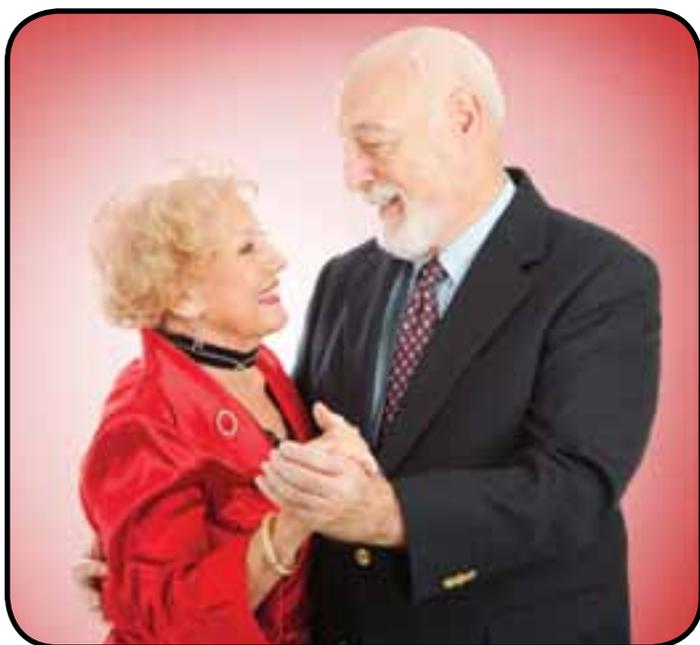
Join us for this important cause. Donations and baked goods are needed. All proceeds benefit the American Cancer Society. Please call Ellen Albers for more information at 422-1423.

Day/Time Friday, December 2 , 10am-4pm
Location City Center (inside), outside Barnes & Nobles Main Street

Intergenerational Valentine's Day Dinner Dance

Enjoy a fun evening of dancing and a delicious buffet dinner. Program co-sponsored with the White Plains Youth Bureau.

Day/Time Thursday, February 9, 5-8pm
Fee FREE
Bus Pick Up Senior Bus is available to and from your home. Please let us know at registration if need transportation



Loyal Order of Moose Spaghetti Luncheon

Enjoy a delicious, homemade spaghetti lunch and social afternoon with friends. Luncheon is sponsored by the Loyal Order of Moose of West Harrison.

Date/Time Saturday, October 8, 12-2pm
Fee \$5 suggested contribution
Bus Pick Up Drive on your own or Senior bus transportation provided.

Movie and Popcorn Day

Join us on Fridays at 12:30pm for a movie and some roasted popcorn. No registration necessary!

Special Theme Luncheons

Join us for a delicious theme luncheon with live entertainment and raffles. You must register prior to all events. No refunds. Pay upon registration.

Outdoor Gardella BBQ Fri., September 23, 10:30am-1:30pm
Oktoberfest Fri., October 14, 11:30am-1:30pm
Halloween Costume Party Friday, October 28, 11:30am-1pm
Veteran's Luncheon Thurs., November 10, 11:30am-1pm
Thanksgiving Tues. November 22, 11:30am-1:30pm
Holiday Luncheon Fri. December 16, 11:30am-1:30pm
New Year's Luncheon Fri., December 30, 11:30am-1:00pm
St. Patrick's Day Luncheon Thurs. March 16, 11:30am-1:30pm
Fee \$3.00 suggested contribution, No refunds

DAY TRIP ACTIVITY CODE

REMINDER: Your safety and comfort are important to us. Trips require boarding buses, sometimes lengthy walking, climbing steps and standing. Some trips are not suitable for those with ambulatory limitations. If on-going assistance is required, it will be necessary for you to arrange for a companion or aide to attend the trip with you. Please note the activity level descriptions below to determine if a trip is appropriate for you. If you have any questions please contact our office to determine if the trip you are interested in is suitable for you.

- Level 1** Little or no walking; few or no stairs (i.e. Bus drops you off close to the event).
- Level 2** Moderate walking, with places to rest.
- Level 3** Substantial amount of walking with or without places to rest.
- Level 4** Lots of walking, with standing for long periods of time.

DAY TRIPS

TRIP PRESENTATION MEETING

Attend these informative meetings and register for senior center trips in advance. The Upper Class will also be here to do a presentation on the trips that are advertised in our brochure. Upper Class will automatically give you a \$10 discount for each trip that you register for that day. Bring your check book and register for these upcoming trips at the meeting. Meetings will take place at the Senior Center, 65 Mitchell Place.

September 22-1:00 pm (Covers the trips during October-December)
 November 14-1:00 pm (Covers the trips from January- March 2017)

Active Older Adult Programs AOA

Hudson River Museum/Lunch at Xavier's X20/ Yonkers Level 4

Connect with 19th - 21st contemporary art and science exhibitions at the Hudson River Museum & Planetarium. Enjoy a three course lunch at Xavier's, overlooking the Hudson River.

Day/Time Wednesday, September 28, 8:45am-3:30pm
Course# 163310 - HR
Fee \$33 Check payable to WP Senior Advisory Board
 \$22 Check payable to City of White Plains
Bus Pick Up 8:45am Delfino Park
 9am Community Center (Senior Center bus)
Registration Deadline: August 28

Golden Harvest Dance & Talent Show/ Westchester County Center/White Plains Level 2

Enjoy a fun-filled day with music, lunch and talent show.

Date/Time Tuesday, October 18 9:30am-2:30pm
Fee \$4-Lunch
 Transportation will be provided to and from your home
Registration Deadline: October 11

Oheka Castle/Huntington, NY Level 4

Enjoy a guided, docent led tour of the estate of Oheka Castle, the second largest home in America and one of the country's most recognizable estates. Tour the mansion rooms and gardens including the library, original ballroom which was featured in films like Citizen Kane and the Great Gatsby. Afterwards, enjoy a delicious two course lunch followed by homemade cookies from the Oheka Pastry Kitchen.

Date/Time Thursday, October 20, 10:15am-5:30pm
Course# 263310-OC
Fee \$80 (Includes guided tour, lunch, and transportation)
Bus Pick up 10:15am Delfino Park, 10:30am Senior Center
 (Mini-coach bus)
Registration Deadline: September 23



Saturday Night Fever - Westchester Broadway Theater Level 1

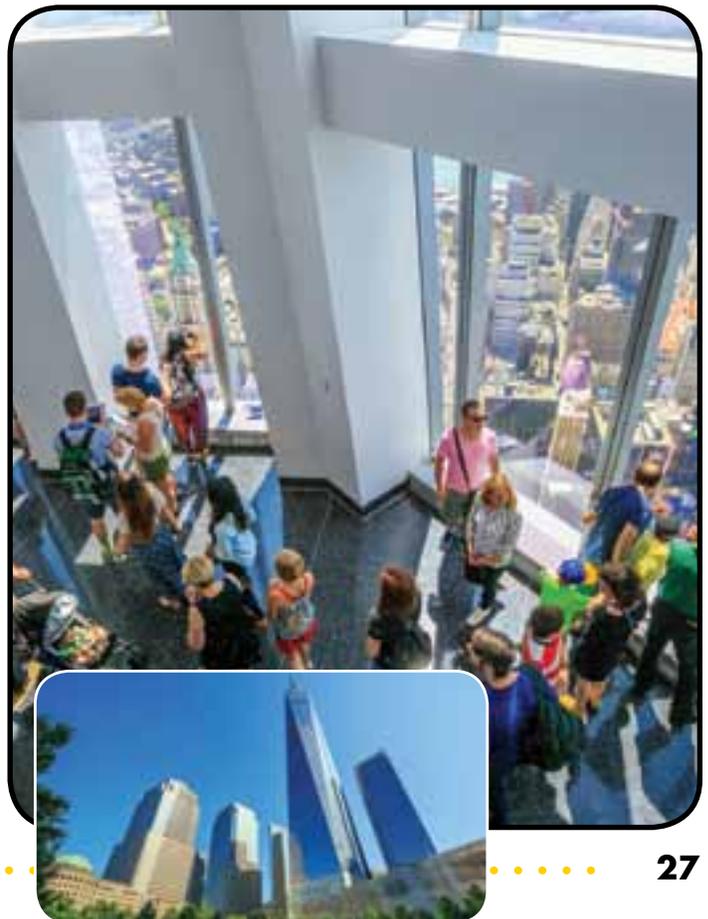
Dust off your hip-hugging flares, your platform shoes and warm up your disco moves! Enjoy the legendary hits from the Bee Gees including Stayin' Alive and Night Fever.

Date/Time Thursday, November 10, 10:45am-4pm
Course# 263310SN
Fee \$60 (all inclusive)
Bus Pick Up Delfino Park 10:45am, Senior Center 11am
 (Senior Center bus)
Registration Deadline: October 11

One World Observatory - See Forever /NYC Level 4

Ascend to the top of this tall building, then look to the horizon and feel the city's invincible spirit. Take in the iconic sights, surrounding waters and panoramic views of the skyline and beyond. Enjoy stories of this amazing city and immerse yourself into the show at the See Forever Theater. Step into the expansive sky portal and take a walk high above the streets of NY. Enjoy lunch on your own at the café.

Date/Time Tuesday, November 15, 8:45am-4:30pm
Course# 263310SF (tour on your own)
Fee \$60 (Lunch on your own)
Bus Pick Up Delfino Park 8:45am, Senior Center 9am
 (Mini-coach- bus)
Registration Deadline: October 12



Active Older Adult Programs AOA

Holiday Dinner at Ernesto's/White Plains

Level 1

Date/Time Tuesday, December 6, 2016, 5:00-7:00pm
Fee \$38 (all inclusive) Checks payable to the Senior Advisory Board
 Transportation is on your own
Registration Deadline: November 28



Lunch Around at Imperial Wok

Date/Time Tuesday, January 10, 11:30am-1:30pm
Fee Lunch on your own. A \$10 voucher will be given towards your meal from the White Plains Senior Advisory Board. Transportation will be provided to and from restaurant if needed)
Registration Deadline: January 3

Night at the Races/Empire Casino/Yonkers

Level 2

Day/Time Thursday, January 19, 4:30-10:30pm
Course# 263310-R2
Fee \$10
Bus Pick Up Delfino Park 4:30pm, Senior Center 4:45pm. Transportation will be provided to and from your home. (Senior center bus)
Registration Deadline: January 12



28

Shopping and Lunch at Ridge Hill Mall/ Yonkers

Level 1

Shop, dine, stroll, lounge, and enjoy. Abandon your world and escape to Westchester's Ridge Hill. Visit stores such as Lord & Taylor, Bath and Body Works, Container Store and so much more. Enjoy a bite to eat at the new 5 Napkin Burger or Cheesecake Factory.

Day/Time Wednesday, January 25, 10:15am-3pm
Course# 263310-RH
Fee \$5 (transportation fee)
Bus Pick Up Delfino Park 10:15am, Senior Center 10:30am Senior Center bus
Registration Deadline: January 20

Yonkers Raceway Day Trip

Level 2

Day/Time Monday, February 6, 10am-4:30pm
Course# 163310-R1
Fee \$10 (transportation fee)
Bus Pick Up Delfino Park 10am, Senior Center 10:15am Senior Center bus
Registration Deadline: February 1

Neuberger Museum of Art/Lunch at Cobblestone/Purchase

Level 3

Visit this premium museum of modern, contemporary and African art. Take a guided tour with a docent which will offer fresh insight into the Museum's permanent collection. Enjoy lunch on your own at the Cobblestone.

Day/Time Wednesday, February 22, 10:45am-4pm
Course# 263310-NB
Fee \$13 (includes guided tour and transportation, Lunch is on your own)
Bus Pick Up Delfino Park 10:45am, Senior Center 11am Senior center bus
Registration Deadline: February 8



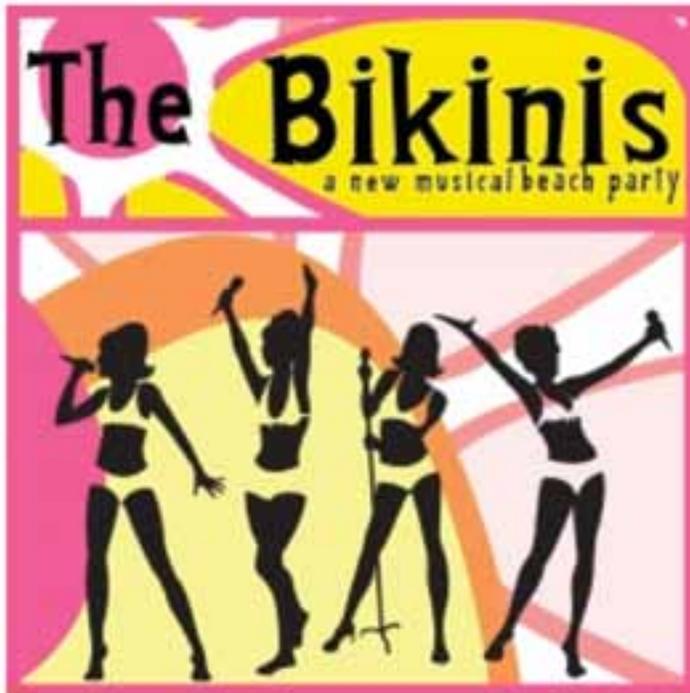
"Where to Go, What to Do, Way of Life!"

Active Older Adult Programs AOA

Westchester Broadway Theater - The Bikinis **Level 1**

The sixties girl group is bringing back the sun and all the great hits such as "It's in her Kiss", "The Twist", "Yellow Polka Dot Bikini", "Heat Wave", "Ain't No Mountain High Enough", and so much more!!!

Day/Time Thursday, March 2, 10:45am-4pm
Course# 263310-BK
Fee \$60 (all Inclusive)
Bus Pick Up Delfino Park 10:45am, Senior Center 11am
Registration Deadline: January 31



Upper Class Trips

All checks payable to the Upper Class. Cancellation Insurance available for an additional 10% based on the trip cost. There are no refunds.

The Golden Age of Railroading **Level 2**

Enjoy a luxurious, three-course gourmet meal in a private dining car as you steam in time to the Golden Age of Railroading through the majestic Catskills on the Rip Van Winkle flyer.

Day/Time Sunday, October 16, 2016
Location Modell's Tarrytown Road, White Plains. Bus departs at 8:30am, returns at 5:15pm
Fee \$149 per person-\$139, If you sign up on September 22nd at the presentation trip meeting
Registration Deadline: September 23

Goodspeed Opera House/Lunch at Gelston House (Haddam Connecticut) **Level 1**

Begin the day with a three-course lunch at the Gelston House with a spectacular setting on the banks of the Connecticut River. Afterwards, enjoy "Chasing Rainbows" the story and music of the superstar, Judy Garland.

Day/Time Wednesday, November 2, 2016
Location Modell's Tarrytown Road, White Plains. Bus departs at 9am, returns 6:45pm
Fee \$169 per person-\$159, If you sign up on September 22nd at the presentation trip meeting
Registration Deadline: October 3

Christmas in the Capital (Washington DC) - 3 days/2 nights (2 breakfasts, 2 dinners) **Level 4**

Trip Includes Mt. Vernon by candlelight, Mass at National Cathedral, National Botanic Garden, and a Christmas Carol at Ford's Theater. Winter weather protection available.

Day/Time December 2-4, 2016
Location Delfino Park, Lake Street White Plains. Bus departs at 8am, returns at 7:45pm.
Fee \$499 Double, \$589 Single, \$469 Triple (Prices per person) \$30 per person discount, If you pay in full on September 22nd at the presentation trip meeting
Registration Deadline: November 2



Active Older Adult Programs AOA

Radio City Christmas Spectacular/Lunch at Carmine's/NYC Level 2

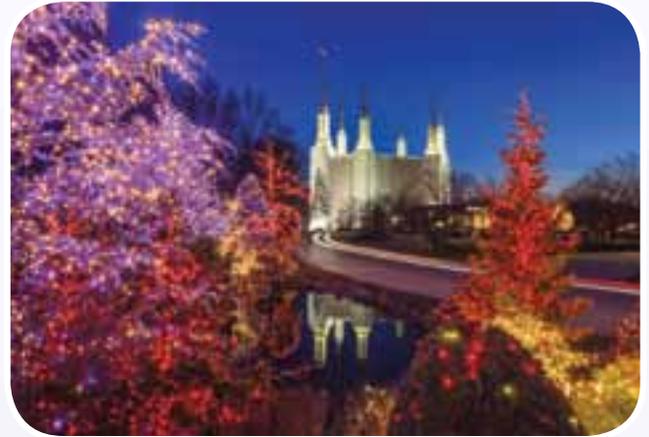
Enjoy orchestra seating as you witness the Rockette's famous Christmas show. Delight In a four-course lunch served family-style at Carmine's, prior to show.

Date Thursday, December 8, 2016

Location/Time Modell's Tarrytown Road, White Plains (Bus departs 9:45am, returns 7pm)

Fee \$179 per person-\$169, If you sign up on September 22nd at the presentation trip meeting.

Registration Deadline: November 9



Jerusalem 1000 - 1400: Every People Under Heaven at the MET Level 3

Over 200 works of art will be exhibited and will illuminate the key role that the Holy City played in shaping world culture. Lunch will be prior to this exhibit at a favorite restaurant in New York City.

Date Friday, January 6, 2017

Location/Time Modell's Tarrytown Road, White Plains Bus departs at 9:45am and returns at 6pm

Fee \$119 per person-\$109, If you sign up on September 22nd at the presentation trip meeting

Registration Deadline: December 6

Everyone's Irish St. Patrick's Day at the Staaten / Staaten Island Level 1

Celebrate the spirit of the Emerald Isle with a St. Paddy Irish show and clap along to the old ballads and sing out loud with friends. Enjoy a complimentary open bar cocktail reception, followed by a three-course Irish lunch, served with wine.

Date Tuesday, March 14, 2017

Location/Time Modell's Tarrytown Road, White Plains. Bus departs at 9am, returns at 6pm

Fee \$119 per person-\$109 if you sign up on September 22nd trip presentation meeting

Registration Deadline: February 14



Active Older Adult Programs AOA



Special Events

Special Events

Farmers Market

Fresh food, fruits, vegetables and plants are on sale to the public.

Day/Time Wednesdays, September-November 23, 8am-4pm
Location Court St. between Main St. & Martine Ave.

Dog Days of Summer

Come join us for our "Dog Swim" at Kittrell Pool

Age Group Dogs 1 year & older with adult owners
Day/Time Thursday, September 8, 5-7:30pm
Location Kittrell Pool Fisher Ave
Fee Free to White Plains Dogs

A Day of Remembrance

Day/Time: Sunday, September 11, 8am
Location: Liberty Park. This event pays homage to all who lost their lives. Flag raising, wreath laying and liturgical ceremony.



Hispanic Day Festival Sunday, September 18

Celebrating Hispanic Culture & Heritage

Place Eastview Campus
Time Noon-6pm

Thank You – Sponsors/Contributors

The following businesses and organizations contribute time, talent, resources and funds to enhance many of our Events and Programs. We are very appreciative of their involvement in Recreation and Parks.

All New York Title Agency	Arts Westchester
Burke Rehabilitation	Back Yard Sports
Care of Tree's	Famous Famiglia Pizza
MVP Basketball Camp	New York Presbyterian/ Westchester Division
Orthodontic Specialist of White Plains	Peckham Industries
Petagine's Auto Body	Rotary Club of White Plains
Stop & Shop	Teaches Hoops
The Old Guard of White Plains	Webster Bank
White Plains BID	White Plains Hospital
White Plains Public Library Foundation	White Plains Public Schools
White Plains YMCA	Whole Foods
YWCA of White Plains	

Halloween Window Painting

White Plains Scout Troops are invited to paint the town. We also welcome store owners to contribute their windows for decorating. **If you are interested in participating in this program, scout troops must register by September 16. Call 422-1255 to register.**

Howl-o-Ween Costume Party

Dress your dog in costume and meet us at the Bark Park for an afternoon of fun. Prizes awarded in several categories for best costume.

Day/Time Saturday, October 29, 12pm-1pm
Location Main St.
Fee Free

Frightfully Fun Festival & Parade

Downtown White Plains is transformed into a Halloween Festival for school age children and their families. Activities includes: pumpkin patch corn maze, crafts, scary tattoos, storytelling, DJ and magic show. Everyone is invited to showcase their costumes in our parade. Prizes awarded for numerous age groups and categories. Treat bags for all children.

Please Note: While most activities are free, there may be a minimal charge for some venues.

Age Group Families, pre-schoolers, elementary age children
Day/Time Sunday, Saturday, October 29, 12pm – 1pm
Location Court St. between Main St. & Martine Ave



Veteran's Day

White Plains will commemorate Veteran's Day on Friday, November 11th with its annual ceremony sponsored by the Mayor's Memorial and Veteran's Day Board. We will gather at the White Plains Rural Cemetery at 10:30 a.m. For additional information call 422-1339.

Special Events

Free Outdoor Movie Screening -- Cinema on Court St.

This Autumn, pack some snacks, grab a blanket, and come on down to enjoy a free showing of a

STAR WARS-THE FORCE AWAKENS with your friends, family and neighbors, Saturday, September 10. **Costume Showcase 7PM Movie 8pm Raffle Prizes for those in costume**

WinterFest December 10-18

Get into the spirit of the holidays at our expanded WinterFest! Come enjoy Old World charm and the sights, smells, sounds and tastes of the season. Shop for artisan foods and crafts and find just the right holiday gift; stay and enjoy musical and dance performances from area schools and studios. Meet up with friends and make memories at our multiday event on Court Street between Main Street and Martine Avenue.

City Lights, Bright Holiday Nights-Tree Lighting

Celebrate the sights and sounds of the season as the Mayor lights the City's holiday tree. Carolers, music, refreshments and visits with Santa will follow.

Day/Time Sunday, December 4, 4-6pm
Snow Date: Tuesday, December 6
Location Tibbits Park

JAZZ FEST 2016-September 20-25

Summer sizzles with five day celebration of jazz in downtown White Plains, culminating with the outdoor White Plains Jazz and food Festival on Sunday, 9/25. More info, www.artsw.org/jazzfest.

Day/Time Tuesday, Sept. 20 –
Sunday, Sept. 25

Location Mamaroneck Ave.
between Main St./
Martine Ave.

Fee Free



For concert details and ticket information, visit:

www.artsw.org/jazzfest

ARTSW
ARTS AND RECREATION SOCIETY OF WESTCOST

New Year's Eve Family Spectacular

Live Music, Ball Drop, Countdown

Day/Time Saturday, December 31, 10 pm-12:30am
Location Main St & Court St



Ebersole Ice Rink

Community Partners

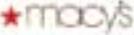
ARTSWESTCHESTER, THE CITY OF WHITE PLAINS & THE WHITE PLAINS BID PRESENT

JAZZ FEST

SEPTEMBER 20-25

September sizzles with a six-day celebration of jazz in White Plains.

artsw.org/jazzfest

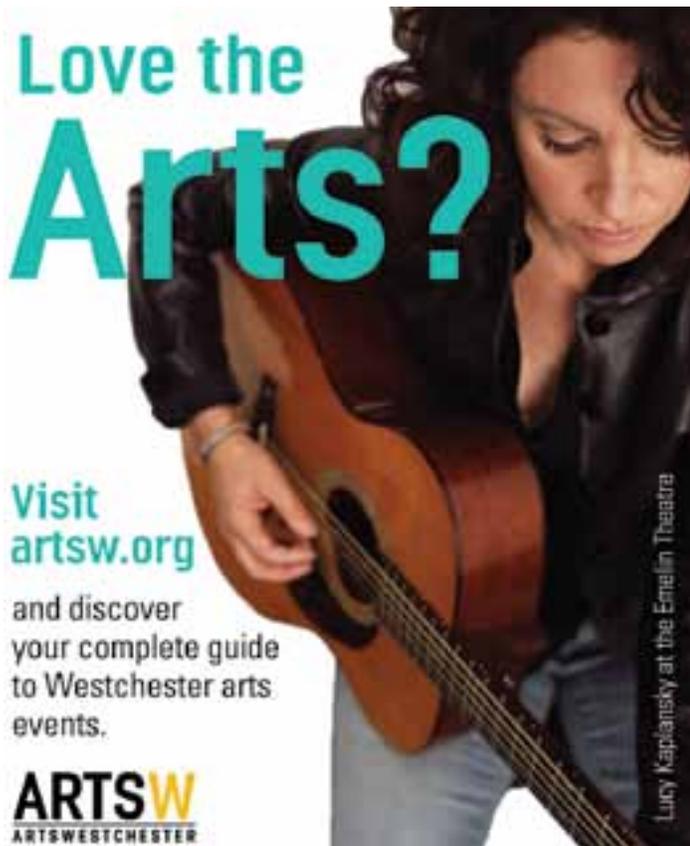
Sponsored by    



We Have Seasons Full of Recreational Opportunities



Community Partners



Community Partners

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

SPECIAL ANNOUNCEMENTS!

- Wellness Week Kickoff, **September 17th**
- Dads Take Your Child to School Day **September 20th**
- Red Ribbon Month Kick Off, **October 17th**
- White Plains Reads Book Fair, **December 3rd**
- 11th Annual Dance Benefit, White Plains Performing Arts Center, **March 25th**



School Based Programs

After School Connection

This program provides quality after school child care from school dismissal until 6 pm at all five elementary schools, the Eastview School (6th grade), Highlands Middle School (7th and 8th grades), the DeKalb Learning Center and the Thomas H. Slater Center.

Age Group: Kindergarten – 8th grade
Date/Time: Monday – Friday, School year
Contact: Byron Smalls, 914-422-1378, x6720
bsmalls@whiteplainsny.gov

Fee: \$83.25 per week until 6 pm; billed monthly
Extended day until 6:30 pm available at an additional \$40 per month
Income based scholarships are available.



S.T.E.A.M Vacation Camp

Do you need a safe place for your child during the break? If so, we have just what you need. Our vacation camp is open to all children in grades K through 8. The curriculum includes STEAM (science, technology, engineering, art & math) learning as well as arts and recreational activities, and generally includes a STEAM-themed day trip.

Note: If your child is NOT already enrolled in the After School Connection, you will need to fill out a registration form and provide us their medical and immunization record.

Age Group: Kindergarten – 8th grade
Location: To be announced
Date/Time: **Winter:** February 21 - 24, 2017
Spring: April 10 - 13, 2017
Contact: Byron Smalls, 914-422-1378, x6720
bsmalls@whiteplainsny.gov

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Enrichment & Personal Growth Activities

The Babysitters Training Program

Young people can register for the 6 hour course to learn leadership, safety, basic care and enhance their skills to start their own babysitting business. Applications can be obtained online at www.whiteplainsteens.com

Age Group: 14 and up
Location: White Plains Community Center
Dates: Saturday, October 17, 2016; January & March:
please call for schedule
Time: 9:30am – 4:00pm
Contact: Janet Spencer, 914-422-2617



Girl Scouts Junior Cadette

Girls in grades 6-9 are welcome to join the Junior /Cadette Troop. Activities include journaling, arts and craft projects, community service, selling Girl Scout cookies and field trips.

Age Group: Girls ages 11 and up
Location: White Plains Community Center
Day/Time: TBD
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

Growing White Plains

The Growing White Plains program operates two community gardens, one at NY Presbyterian Hospital and one in partnership with Bethel Baptist Church at the corner of Prospect St. and Sterling Ave., as well as a small greenhouse in Delfino Park. The food we grow (using organic methods) goes to feed people in White Plains in need. This is a volunteer effort and the gardens belong to the citizens of White Plains.

Age Group: Kindergarten – Adult
Location: Various
Requirements: White Plains Residents
Contact: Martin Rudow: 914-422-1378, x6717
mrudow@whiteplainsny.gov

Healthy & Fit For Life

Youth have access to a fully equipped fitness facility and highly qualified coaches. Fitness activities include Boxing, Personal Training and Karate.

Age Group: 6 – 21 years of age
Location: Youth Bureau
Day/Time: Monday - Friday, 3:00 - 8:00pm; Saturdays,
1:00 - 8pm: School Year
Contact: Bhavana Pahwa, 914-422-1378, x6715
bpahwa@whiteplainsny.gov



Job Bank

Calling all youth looking for a job! The local business community calls on us to help fill their jobs. Open positions are posted on our website at www.whiteplainsteens.com/current-job-listings.html

Age Group: 14 and up
Location: White Plains High School, H Cafeteria
Day/Time: Monday – Friday 9:00am -12:30pm,
Contact: Janet Spencer, 914-422-2617

For local business owners or community members who are looking to hire youth to perform odd jobs, fill office & clerical positions, computer trouble shooting, tutoring and more. Contact Janet Spencer at 422-1378 ext. 6721 or email Janet @ jmspencer@whiteplainsny.gov to post a job with YES.

Junior Counselor Training Program

This is a first time, paid job experience for those who love children. Participants work in local After School Centers as Teachers- Aides Monday-Thursday and develop work related skills on Fridays.

Age Group: 14 and up
Location: White Plains Community Center
Dates: Session 1: October 28th – December 23rd
Time: 3:00 – 5:00pm
Contact: Janet Spencer, 914-422-2617
jmspencer@whiteplainsny.gov

Unless otherwise noted, activities are available to White Plains Residents Only

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

Mayor's Youth Council

The White Plains Mayor's Youth Council is looking for high school students to become a part of this distinguished group of young leaders in the community. Students have the opportunity to enhance their leadership skills, perform various community service projects around the city throughout the year and meet with the Mayor on a quarterly basis to act as ambassadors for youth ideas and concerns in the city.

Age Group: 9th – 12th grade
Day/Time: Tuesdays, Bi-Weekly, 7:00 – 8:00pm;
School Year
Requirements: White Plains Residents
Contact: Catherine Backes, 914-422-1378, x6705
cbackes@whiteplainsny.gov

Mentor Program

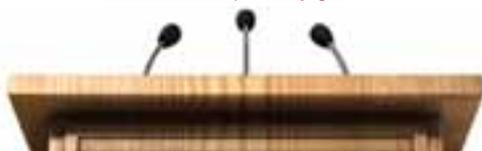
Do you have an hour or two a week and want to make a difference in a young person's life? The City of White Plains Youth Bureau wants you to be a Mentor. A Mentor is a grown up friend who can help a child become a young adult who is prepared for a successful future. They are one of the people in a child's life who is there to listen to them and maybe even expand their world and experiences. Mentors also benefit from the program by watching a young person grow and seeing how much fun young people can be when you don't have the stress of being their parent.

Age Group: Adults
Requirements: Background checks
Contact: Sheila Foley, 914-422-1378, x6709
sfoley@whiteplainsny.gov

Public Speaking (Toastmasters)

Conquer your fears of public speaking while strengthening your leadership skills! Join, United We Stand Toastmasters.

Location: White Plains Community Center
Day/Time: First session begins September 7, 2016
Wednesdays: 6:15pm – 7:15pm
(Youth ages 11-18)
Wednesdays: 7:20pm - 8:15pm (Adults)
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov



Recreation & Cultural Activities

Out of school time for the Youth Bureau's Neighborhood Services means recreational and cultural activities; ranging from basketball, tag football, Hip Hop Dance, drumming and a youth chorus to field trips, movies and museums. Neighborhood Services operates three teen lounges.

Age Group: 12 – 21 years of age
Day/Time: Monday - Friday, 3:00 - 8pm;
Saturday, 1:00 -8:00pm; School Year
Requirements: White Plains Residents
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

STEP UP! Youth Development Program

The Step Up! Program is a youth development program for young men in White Plains. With a goal of increasing their opportunities for success, Step Up! helps young men build community relationships while improving their skills and knowledge.

Age Group: Males 14 – 21 years of age
Date/Time: Weekly, September - June
Requirements: White Plains Residents
Contact: Larry Armstrong, 914-422-1378, x6725
larmstrong@whiteplainsny.gov

Teen Lounges at Slater, Battle Hill and Eastview

After school and on weekends middle school and high school youth can check out the Teen Lounges at Eastview, Battle Hill and the Slater Center. Youth can drop in and meet their friends or make new ones, hold discussions about current events, develop leadership skills by planning an activity, play video and board games, get help with homework, or just relax.

Age Group: Middle and High School
Location: Battle Hill, Slater Center or Youth Bureau
Date/Time: School Year; Varies by site
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

Youth Bureau Programs



11 Amherst Place, White Plains, NY 10601 914-422-1378/Tel ** 914-422-6489/Fax www.whiteplainsyouthbureau.org

TEENS ON THE GO

A program designed to take teens to places they normally wouldn't go on their own. Experience the riches of living in New York State – join us as we take trips to Liberty Park for paintball or a trip up the Hudson or maybe a special screening of a film at the Jacob Burns Film Center. We'll take at least one trip a month; some will be free and others will have a nominal cost.

Age Group: Middle and High School
Day/Time: School Year
Location: Youth Bureau, 11 Amherst Place
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

Wellness Week Kick Off Celebration

Health & Wellness festival for the whole family on Court Street. Come enjoy games, give-aways, food and vendors.

Age Group: All ages
Day/Time: Saturday, September 17th, 12:00pm – 4:00pm
Location: Court Street, White Plains, NY
Contact: Bhavana Pahwa, 914-422-1378, x6715
bpahwa@whiteplainsny.gov or
whiteplainscares@gmail.com

White Plains READS! Book Fair

Help spread literacy among the underserved in White Plains and get a head start on your Holiday shopping at this Book Fair. Lots of fun activities planned for kids of all ages! Part of the proceeds benefit White Plains READS! Literacy program

Age Group: All ages
Location: Barnes & Noble Book Store, White Plains NY
Dates: Saturday, December 3rd, 1:00 – 4:00pm
Contact: Bhavana Pahwa, 914-422-1378, x6715
bpahwa@whiteplainsny.gov or
whiteplainscares@gmail.com



Youth on Stage Performing Arts Program

Class enrollment begins in September. All interested participants should plan to attend the placement workshop on Saturday, September 10th at 10:30am at the White Plains Community Center.

Age Group: All ages unless specified in class description.
Contact: Adrienne Rivers, 914-422-1378, x6716
arivers@whiteplainsny.gov

African-Caribbean Dance:

Location: White Plains Community Center
Day/Time: Saturdays: 1:30pm - 2:30pm (Beginners)
Saturdays: 2:30pm - 3:30pm (Mixed: Youth & Adult)
Wednesdays: 5:15pm - 6:15pm and Saturdays:
3:30pm - 4:30pm (Advanced)

African Drumming:

Location: White Plains Community Center
Day/Time: Saturdays: 11:30pm - 12:30pm (Beginners)
Saturdays: 3:30pm - 3:30pm (Advanced)

Evolution: Hip-Hop, Jazz and Modern for dancers with little experience

Location: White Plains Community Center
Day/Time: Mondays: 6:45pm - 7:45pm

Fusion: Specialized class for advanced/high school aged students – Dancers with some experience who want to expand their repertoire should sign up for the Fusion II dance class.

Location: White Plains Community Center
Day/Time: Saturdays: 11:30am – 12:30pm

Hip Hop: Classic Hip Hop class for dancers with experience. Offered in partnership with the Steffi Nossen Dance Company.

Location: Westchester Conservatory
Day/Time: Mondays: 7:00pm - 8pm

Movement: Basic class for young, inexperienced dancers.

Location: White Plains Community Center
Day/Time: Saturdays: 10:30am - 11:30am

Unless otherwise noted, activities are available to White Plains Residents Only

WPETC

WHITE PLAINS Education Training CENTER



THE KEY TO UNLOCKING YOUR FUTURE

The White Plains Education & Training Center (WPETC) offers training and workforce development. Register today!

Training in four core industries of:



CULINARY & HOSPITALITY



MEDICAL & HEALTH CARE



TECHNOLOGY



ENTREPRENEURSHIP

Skill Building Workshops such as:

Workforce Preparation: Training & Coaching
 Employment Search Skills: Networking, Interviewing, LinkedIn
 Financial Success & Budgeting Workshops
 English as a Second Language for the Workplace
 First Time Homebuyers
 Fair Housing

E-Learning Library Computer skills enrichment in five major areas: The Basics, Productivity/Career Enhancement, Programming, Web Development, and Graphic Design.

Stop in for a visit and tour to see how the WPETC can work for you! Open Mon-Fri 9 am - 8 pm.

Additional features include:

Career Navigator: Come in and meet with staff to find out more about opportunities for you!



Career Closet featuring free, new or gently used business clothing

Café open for continental breakfast 8 am - 10:30 am, Monday - Friday

Free Tax Preparation from AARP Foundation



Funders: City of White Plains, JPMorgan Chase & Co., Westchester Community Foundation, Workforce Development Institute, and U.S. Dept. of Housing and Urban Development

White Plains Education & Training Center
 303 Quarropas Street · White Plains, NY 10601 · 914-422-8200 · www.cityofwhiteplains.com/WPETC



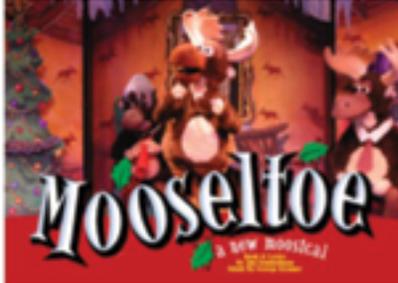
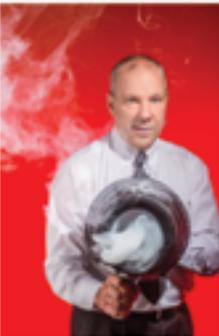
White Plains Performing Arts Center



white plains performing arts center

upcoming events

11 city place, white plains, ny 10601
914.328.1600 | wppac.com

 <p>Blood Type: Ragu</p> <p>It's not drama...it's just family! And we all have one.</p> <p>Starring FRANK INGRASCIOTTA</p> <p>SATURDAY, SEPTEMBER 17 • 8:00 PM</p>	 <p>LOUIS -AND- ELLA!</p> <p>A NEW JAZZCAL, BY TONY MORGAN-KINGAL</p> <p>“THESE ARE TWO BRILLIANT SINGERS THAT JUST WON'T SHUT UP!”</p> <p>SATURDAY, SEPTEMBER 24 • 7:00 PM WHITE PLAINS JAZZFEST EVENT</p>	<p>BASED ON THE 1989 CLASSIC FILM NEW YORK REGIONAL PREMIERE</p>  <p>HEATHERS The Musical</p> <p>OCTOBER 14-23</p>
<p>white plains performing arts center conservatory theatre</p>  <p>BAT BOY THE MUSICAL</p> <p>NOVEMBER 11-13</p>	 <p>Mooseltoe</p> <p>A NEW MUSICAL</p> <p>SATURDAY, NOVEMBER 25 11:00 AM & 2:00 PM</p>	<p>A DIVINE MUSICAL COMEDY</p>  <p>SISTER ACT</p> <p>GREAT FOR THE WHOLE FAMILY!</p> <p>DECEMBER 16 - JANUARY 8</p>
 <p>maccabeats PREMIER A CAPPELLA</p>  <p>SATURDAY, JANUARY 21 • 8:00 PM</p>	<p>Ballet for Young Audiences</p>  <p>Cinderella</p> <p>SATURDAY, JANUARY 28 1:00 PM & 4:00 PM</p>	<p>Chase Padgett</p>   <p>SATURDAY, FEBRUARY 4 • 8:00 PM</p>
<p>Linda Eder (Broadway's Jekyll & Hyde)</p>  <p>SATURDAY, FEBRUARY 11 • 8:00 PM</p>	 <p>Jeff Boyer's BUBBLE TROUBLE</p> <p>SATURDAY, FEBRUARY 25 • 2:00 PM</p>	<p>Theatre is located on 3rd Floor of City Center downtown White Plains</p> <p>check out wppac.com for all upcoming events and to purchase tickets</p> 

White Plains Public Library



WHITE
PLAINS
PUBLIC
LIBRARY

Your Library keeps getting better!

White Plains Public Library has something for everyone. From our new, technology-rich teen library, *The Edge*, to our award-winning children's library, *The Trove*, and our ever-evolving adult library services, you're bound to find something to enrich your life. Best of all, it's free!

Our first floor renovations are expected to resume in Fall 2016. *The Hub* is a new library for adults. Like *The Trove* is for children, and *The Edge* is for teens, this new library will provide an exciting and beautiful environment that will meet the needs of adults from 20-somethings to seniors. We will be open and available during renovations, although some of our collections may be unavailable temporarily, and you will find the adult computers and some of the adult collection housed on the second floor. Please ask our staff for assistance. We'll be happy to help you navigate our temporary changes, and we're sure you'll love the improvements to our adult library.



For Teens

Create an Animated PSA

Monday, November 14, 4-5 p.m. and
Monday, November 21, 4-5 p.m.

Teens will learn how to create a video animation using the software program called Synfig Studio. The video will focus on safe driving behind the wheel and be featured on the White Plains YouTube channel, as well as affiliated Allstate services. Funds generously provided by the Allstate Foundation. Equipment is provided; registration is required.



Many more programs like this are happening for teens in *The Edge*. Please see our online calendar for more details.

Library Hours

Monday-Thursday.....	10 a.m. - 9 p.m.
Friday.....	10 a.m. - 6 p.m.
Saturday (Sept-June).....	10 a.m. - 5 p.m.
Saturday (July-Aug).....	1 p.m. - 5 p.m.
Sunday.....	1 p.m. - 5 p.m.

Phone Numbers

Adult Reference.....	422-1480
The Trove (Children's Services).....	422-1476
The Edge (Teen Services).....	422-1481
Checkout / Library Cards.....	422-1490
Renewals by Phone.....	674-4169

Find us on these social networking sites:



facebook.com/WhitePlainsPublicLibrary



twitter.com/WhitePlainsLib



[whiteplainslibrary](https://www.instagram.com/whiteplainslibrary)

Visit our website:

whiteplainslibrary.org

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

As a White Plains resident, you are eligible to receive a White Plains Public Library Card. Please stop by the Circulation Desk for details, or call 422-1490. We are a member of Westchester Library System, and your White Plains card is honored at all Westchester public libraries and at the Westchester Community College library.

White Plains Public Library



Museum Passes

Borrow family passes for several local museums for free, including The Children's Museum of Manhattan, The Intrepid Sea, Air and Space Museum, Stone Barns Center and more!

Book a pass on our website 24/7, or visit the Reference Desk or the Compass Desk in The Trove for details and reservations. This project is funded by the White Plains Library Foundation.

For Children

Tutoring Resources

Teacher in the Library

Free after-school help is available in The Trove for students through grade 6, Monday-Thursday from 4-7 p.m., when school is in session, from October through May.

Online Tutor @ whiteplainslibrary.org

Ask certified tutors questions online. White Plains card holders can log on through the Library website daily from 2-11 p.m., from home, school, or in the Library. For grades K-12 and adult learners. Spanish-speaking tutors are available. This project is funded by the White Plains Library Foundation.

Learning Express Library

Study, practice and self-scoring for standardized tests on our website (e.g. 4th grade math and reading practice, elementary school writing practice).

For Adults

Poetry SLAM & Open Mic

Join us for the first Wednesday of each month for open mic, poetry SLAM competition and a guest poet. This is a project of the White Plains Library Foundation.



En Español

Noticias es el boletín informativo oficial de la Biblioteca en español. Destaca los programas y servicios que la Biblioteca entiende ser de especial interés a los usuarios que hablan español.

Nuestra página web en español es espanol.whiteplainslibrary.org, donde usted puede encontrar información detallada acerca de los muchos servicios que ofrece la Biblioteca.

- Mobile WiFi Hotspots to Borrow
- Lunchtime Meditation
- Page Turners Book Group
- Short Story Discussion
- Book 'Em! A Mystery Book Group
- Computer Classes
- 3D Printing and Design
(Also offered in Spanish)
- eReader Training
- TASC Classes
- United States Citizenship
- Learn Conversational Spanish
- Job Club
- Career Programs
- Small Business Programs

Unless otherwise noted, registration is not required, all programs are free, and are funded by the City of White Plains.

For more details and listings of our free classes and events, see our website whiteplainslibrary.org

PARK FACILITIES

WHAT MAKES WHITE PLAINS SO BEAUTIFUL?

Flowering trees, daffodils, tulips! For fifty years, the all-volunteer White Plains Beautification Foundation (WPBF) has been embellishing our parks and other areas with flowers, shrubs, trees, three street clocks, and a carillon, as well as two fountains, a flagpole, a gazebo and a summerhouse in Tibbits Park, not to mention the creation and maintenance of more than 60 gardens. On their way to planting 20,000 daffodil bulbs, WPBF invites you to see for yourself this spring. Early bloomers, daffodils are followed by hundreds of tulips, and at the end of April, 160 cherry trees burst into bloom. It's definitely worth a spin around town via your wheels or your feet. All of this is made possible by the generosity of the public. WPBF always welcomes volunteers. If you are interested, please contact wpb4all@yahoo.com Be sure to also request that your name be added to the mailing list to receive a very special semi-annual newsletter. For more information, see website. www.wpbf.org

The City has twenty multi-purpose parks which provide a variety of recreational resources, include varying combinations of ball fields, basketball courts, swimming pools, passive areas, playgrounds, and areas for active play.

PARK RULES AND REGULATIONS

- . Parks are open daily from dawn to dusk, unless specified
- . No Dogs are permitted except in Bark Park
- . No smoking or alcoholic beverage are permitted
- . Parents must supervise children at all times
- . No littering or loitering
- . A facility permit is required for use of all City owned fields

Poolside fun for you, your family and friends. One of the best kept secrets in White Plains is the refreshing, pristine pools of Gardella Park, Ferris Ave (access & parking from Church Street School) and Kittrell Pool located on Fisher Avenue. Admission is FREE with a current Recreation ID Card: Guest Passes are \$5.00 per visit with a valid Adult Recreation Pass Holder and can be purchased @ the Recreation Office during business hours. Pools will open Saturday, June 18, Sunday, June 19 and daily from June 24 until September 2. Additional information please call 422-1339.

PARK FACILITIES

BATTLE HILL PARK

LOCATION: This 3.68 acre park is located to the west of the Battle Hill Condominiums on Battle Avenue and McKinley Avenue.

COMMENTS: Open field space and the outdoor basketball court is the perfect location for individuals to engage in casual athletic activities. The Community room is used as a Teen Lounge and is available for permit use.

BATTLE OF WHITE PLAINS PARK

LOCATION: This 1.31 acre park is located at the corner of Whitney Street and Battle Avenue at a high point overlooking the City.

COMMENTS: This park is the historic site of the Battle of White Plains, designed and build in 1976 as part of the National Bicentennial Projects. Interpretive historical signage is located throughout the park.

CHATTERTON PLAYGROUND

LOCATION: This .40 acre park is located at the corner of Chatterton Avenue and Harmon Street.

COMMENTS: The modern fenced play areas are well shaded and provide a variety of playground activities.

DRUSS PARK

LOCATION: This 1.99 acre park is located at the intersect of South Lexington and Prospect Avenue opposite St. Bernard's Church.

COMMENTS: The park is naturally separated into three terraces divided by gentle slopes. Each terrace has a flat plateau perfect for leisure opportunities.

MATTISON PARK

LOCATION: This .78 acre park is located in fisher Hill at the intersection of Quinby Avenue and Lynton Place.

COMMENTS: This park serves as a gathering place for children who enjoy the play areas, court and grassed areas for unstructured play. Tot lot playground recently installed features swings, accessible play area and picnic tables.



MITCHELL PLACE TOT LOT

LOCATION: This .13 acre playground is in the Core Area/ Central Business District across from the Community Center on Mitchell Place.

COMMENTS: This fenced playground was designed especially for young children ages PreK-5 years.

PARK FACILITIES

TURNURE PARK

LOCATION: This 4.05 acre park is located on a sloping site diagonally opposite Eastview School bordered by Main Street, Canfield Avenue and Lake Street.

COMMENTS: A picture perfect park in a densely populated area of the city, Turnure Park is a spectacle of beauty in the spring with over 100 Japanese Cherry Trees in bloom. This is the site of our annual Cherry Blossom festival.

DELFINO PARK

LOCATION: This 17.89 acre park is our largest multiuse park and is located at 110 Lake Street and is the location of Ebersole Ice rink.

COMMENTS: This beautiful flagship park offers many exciting recreational options. Each fall our large fields transform to a community camp ground for residents to experience the great outdoors overnight. Spring, summer and fall bring softball to Delfino Park. See Page 20 for Information on Tennis Facility and Platform Tennis Courts

GARDELLA PARK

LOCATION: This 7.5 acre park is located in the Ferris Avenue and Church Street/Park Avenue neighborhoods with access from Ferris Avenue and from the parking lot of Church Street School.

COMMENTS: Gardella pool is a great way for residents to splash away the summer. Pool admission is free with a current Recreation ID card. This park is the location of our competitive outdoor high school and adult basketball league. Permits are available for large group outings.

GILLIE PARK

LOCATION: This 11.24 acre park is located at the corner of Mamaroneck Avenue and Gedney Way.

COMMENTS: Registration for all Recreation programs is available in the Administration building which is also the location of all staff offices. Additionally, this busy park is known best for its outstanding tennis courts, softball fields and home to the White Plains Little League and the "Field of Dreams". Pre-school programs are abundant in the Gillie Recreation room. See Page 20 for additional information on Tennis permits and Courts.

KITRELL PARK

LOCATION: This 1.67 acre specialty park is located in Fisher Hill on a multi-level site at the intersection of Fisher Avenue and Irving Place.

COMMENTS: Kittrell pool renovated in 2015 features zero depth entry, lap lanes and expanded swim area. New Summer 2016 outdoor fitness center and accessible playground. Admission is free to residents with a current Recreation ID card. Guests \$5 per visit.

BALDWIN FARM

LOCATION: This 18.5 acre Specialty Park is located in the Woodcrest Heights neighborhood on Hall Avenue.

COMMENTS: Baldwin Farm is devoted to the community gardens, which along with 40 garden plots located at the New York Hospital property off Bryant Avenue; provide residents who might not have their own land an opportunity to garden. Plots may be obtained by contacting the Recreation Administration Office at 914 422-1336.

BARK DOG PARK

LOCATION: This pet friendly park is located on the Main Street extension off of Brockway Place opposite the rear of Delfino Park.

COMMENTS: Resident dogs are welcome to run around and exercise at our Dog Park. Included is a water fountain, bag dispenser for cleaning up after dogs and waste receptacle. This park features an area exclusively for small or young dogs. All dogs are required to have a current license tag and vaccinations.

BRYANT-MAMARONECK PARK

This 8.93 acre circular trail way park is located on the southeast corner of Bryant and Mamaroneck Avenue.

COMMENTS: The half mile rugged looped trail is perfect for hiking and exploring nature. Seasonal Story walks are presented in the park, for more info see p.7. You may enter and exit the park from Mamaroneck Avenue. Meter parking is available at the City owned Shapham Place lot across Mamaroneck Avenue.

PARK FACILITIES

JACK HARRINGTON GREENWAY

LOCATION: This 19 acre linear park trail portion begins at Gedney Way.

COMMENTS: The trail between Gedney Way and Ridgeway is 0.8 miles long. The trail from Ridgeway to the Scarsdale border is 0.5 miles long. The Greenway from Gedney Way south to the Scarsdale line is accessible from Gedney Way and Ridgeway. The Greenway provides a long path for individuals to enjoy walking in a natural setting in a protected area.

JACOB PURDY PARK

LOCATION: This 1.37 acre park is located on Park Avenue south of its intersection with Kirby Terrace.

COMMENTS: It is situated at the top of Purdy Hill on a part of the original 132 acre farm purchased by Jacob Purdy in 1730. In winter, the site commands an excellent view of White Plains and its surroundings to the south and west. The park was developed by the City of White Plains to accommodate the relocation of the historic Jacob Purdy House. The house is used for historical programming and as headquarters of the White Plains Historical Society.

LIBERTY PARK

LOCATION: This waterfront 2 acre park is located on Lake Street on the White Plains Harrison border.

COMMENTS: Residents can enjoy passive recreation, picnicking, hiking and fishing in the 22 acre Silver Lake. A peaceful environment tucked away from the busy downtown Liberty Park lends itself to quiet, contemplative relaxation. Named in honor of city residents who lost their lives on September 11, 2001, this is the site of our permanent monument.

RENAISSANCE PLAZA

LOCATION: This urban passive .36 acre park is located at the key downtown intersection of Mamaroneck Avenue and Main Street.

COMMENTS: The park features 3 large fountains with decorative lighting, music and water features, and seating on benches, surrounded by shade trees, ground cover and shrubs. Additionally, this landmark location is the site of numerous special events, concerts and ceremonies, most notably our New Year's Eve Celebration.

RIDGEWAY NATURE TRAIL

LOCATION: This 0.6 mile long trail and the surrounding open space area about Ridgeway School on Ridgeway. On the north it is bordered by a small dead end street, Seeger Drive.

COMMENTS: The park is utilized for educational purposes. It also serves as a community resource by providing a 0.5 walking trail to the Scarsdale border. There are several wooden bridges over wet areas.

TIBBITS PARK

LOCATION: This 4.52 acre park composed of seven large median traffic islands is located along North Broadway, running from approximately Lake Street south to Armory Place.

COMMENTS: Colorful annual and perennial plantings installed under the auspices of the White Plains Beautification Foundation grace this park. In spring this park blooms with cherry trees. Passive areas with benches are scattered throughout the park. Two display fountains, three commemorative statues, a gazebo and decorative clock also add to the beauty of these islands.



